

# U SPORTS CENTRAL | THE BASICS

## 1. WHO

ALL recruits or prospective U SPORTS student-athletes, in ALL sports, being:

|                     |                     |
|---------------------|---------------------|
| Basketball (M/W)    | Rugby (W)           |
| Cross Country (M/W) | Soccer (M/W)        |
| Curling (M/W)       | Swimming (M/W)      |
| Field hockey (W)    | Track & Field (M/W) |
| Football (M)        | Volleyball (M/W)    |
| Hockey (M/W)        | Wrestling (M/W)     |

## 2. WHAT

You will be required to register on U SPORTS Central, our new member services portal.

This process entails your creating a personal and athletic profile that will follow you throughout your varsity career. There is a one-time registration fee of \$50 CDN.

The protection of your personal information is of the utmost importance to us, and the U SPORTS privacy policy can be found here: [usports.ca/uploads/hq/By\\_Laws-Policies-Procedures/Privacy\\_Policy\\_Portal.pdf](https://usports.ca/uploads/hq/By_Laws-Policies-Procedures/Privacy_Policy_Portal.pdf)

## 3. WHEN

Each U SPORTS student-athlete will have to register one time in their career – once a prospective student-athlete has registered, the profile that is created during registration will cover all of that individual's U SPORTS activities, including participation in multiple sports, if applicable.

Student-athletes can register as early in their high school careers as they see fit. In the sport of football, a prospective student-athlete must register with U SPORTS Central prior to making an official on-campus visit to a U SPORTS member institution. In all other sports, a prospective student-athlete must register with U SPORTS Central prior to becoming a Confirmed Recruit (including signing a Letter of Intent), or before competing for a U SPORTS member institution.

In short, if you want to participate in U SPORTS competition, you must be registered on U SPORTS Central.

## 4. WHERE

Student-athletes can register for U SPORTS Central at: [usportscentral.ca](https://usportscentral.ca)

## 5. WHY?

U SPORTS Central is a momentous advancement for university sports in Canada.

It will assist us in maintaining a fair and level playing by enhancing our ability to collect, track, and monitor information, and oversee and enforce compliance with our policies.

It will also give us, for the first time ever, the ability to collect, track, and analyze a set of historical data relating to our student-athletes. This will make U SPORTS better informed and educated when making decisions that impact the lives of our student-athletes, and will enable us to implement better tools for servicing their needs and elevating their experiences.

Eventually, U SPORTS Central will become an invaluable multi-purpose tool – a one-stop shop for all things U SPORTS.