

2024



TRACK & FIELD CHAMPIONSHIP

INFORMATION BULLETIN #2





SECTION 1: GENERAL INFORMATION

1. ORGANIZING COMMITTEE

Address: University of Manitoba, Bison Sports, 307 Max Bell Centre

Fax: (204) 474-7481

Phone: (204) 474-7846

E-mail: See Below

Web Site: <http://www.gobisons.ca>

Twitter: @umbisons

Hashtag: #gobisons

Instagram: @umbisons

POSITION	NAME	PHONE	E-MAIL
Director of Athletics & Event Operations	Gene Muller	204-474-8628	Gene.Muller@umanitoba.ca
Championship Convenor	Curt Warkentin	204-474-6987	Curt.Warkentin@umanitoba.ca
Sponsorship/Marketing	Miriam Betzner		Miriam.Betzner@umanitoba.ca
Sports Information/Media	Mike Still		Michael.Still@umanitoba.ca
Webcast	Neil Noonan	204-470-9680	Neil.Noonan@umanitoba.ca
Ticketing	Allision Sheridan		Bison.Tickets@umanitoba.ca
Accreditation	Jennifer Everard	204-298-8146	Jennifer.Everard@umanitoba.ca
Finance & Hotel Accommodations	Rochelle Dziadekwich	204-474-7846	Rochelle.Dziadekwich@umanitoba.ca
Hospitality/VIP Services	Katie Henhawk	204-474-9773	Katie.Henhawk@umanitoba.ca
Volunteers	Emily Blacker	204-792-5734	Emily.Blackner@umanitoba.ca
Athlete Services	Katie Henhawk	204-474-9773	Katie.Henhawk@umanitoba.ca
Medical	Brad Bergen	204-474-6956	Brad.Bergen@umanitoba.ca
Meet Directors	Julia Loparco Scott Gurney	204-925-5743	Development@athleticsmanitoba.ca
Technical Director/Entries	Claude Bérubé	204-955-8989	Claude.Berube@umanitoba.ca
Technical Advisor/Results	Alanna Boudreau		execdirector@athleticsmanitoba.com
Officials	Kathy Kelly		
Facilities	Brooke-Lynn Boyd	204-474-8783	BrookeLynn.Boyd@umanitoba.ca





2. SCHEDULE OF EVENTS

**All times are local (CST)*

Tuesday, March 5th

All Day Team Arrivals

Wednesday, March 6th

All Day	Team Arrivals
1:00pm-8:00pm	Practice Session
7:00pm	Coaches' Technical Meeting – Best Western Pembina Inn & Suites
8:00pm	Coaches' Association Meeting –Best Western Pembina Inn & Suites
9:00pm	Coaches Hospitality Room – Best Western Pembina Inn & Suites

Thursday, March 7th

9:00am – 12:00pm	Practice Session
10:00am	Awards luncheon – Marshall McLuhan Hall, University of Manitoba
1:00-9:15pm	U SPORTS Track & Field Championships–Day 1 **See Appendix I for meet schedule

Friday, March 8th

9:00 – 12:00	Practice Session
1:00 – 8:45pm	U SPORTS Track & Field Championships – Day 2 **See Appendix I for meet schedule

Saturday, March 9th

12:30 – 4:15pm	U SPORTS Track & Field Championships – Day 3 **See Appendix I for meet schedule
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Sunday, March 11th

All Day Team Departures





3. COMPETITION SCHEDULE

See Appendix I

4. PRACTICE SCHEDULE

***ALL PRACTICE SCHEDULES WILL BE HELD AT THE JAMES DALY
FIELDHOUSE IN THE MAX BELL CENTRE & ARE SUBJECT TO CHANGE**

*** FOR TEAMS REQUIRING PRACTICE TIME ON TUESDAY, MARCH 5TH.
PLEASE CONTACT CLAUDE BERUBE**

Wednesday, March 6th	
1:00pm – 8:00pm	Practice session
Thursday, March 7th	
9:00am – 12:00pm	Practice Session
Friday, March 8th	
9:00am – 12:00pm	Practice Session





SECTION 2 PARTICIPATING TEAMS INFORMATION

1. ALL CANADIAN AWARDS CEREMONY

Date: Thursday March 7, 2024
Site: Marshall McLuhan Hall, University of Manitoba, University Centre
Cost: Free for award nominees and their coaches (max 2 per university)
Schedule: Doors open at 9:30am
Dress: Track suits
Distance from Hotel: 1.5- 4kms
R.S.V.P. details to be shared at a further date.

2. MEETINGS

TECHNICAL MEETING

Date: Wednesday March 6, 2024
Time: 7:00pm – 8:00pm
Location: Best Western Pembina Inn & Suites – Conference Room
Room: Conference Room – Main floor
Attendance: Coaches

U SPORTS COACHES MEETING

Date: Wednesday March 6, 2024
Time: 8:00pm – 9:00pm
Location: Best Western Pembina Inn & Suites
Room: Conference Room – Main floor
Attendance: Coaches





3. MEDIA INFORMATION

A. MEDIA CONFERENCE *(if applicable)*

Date: TBD
Time: TBD
Location: TBD
Room: TBD
Requirements: TBD

B. MEDIA ACCREDITATION

To receive media accreditation, all local and travelling media should email Michael.Still@umanitoba.ca by 5:00 pm on Friday March 1, 2024

C. MEDIA SERVICES

More information about media services will be shared in Bulletin #2

4. CHAMPIONSHIP HOTEL

U SPORTS policy 20.40.3.4.1:

All participating teams and team personnel attending a U SPORTS Championship requiring accommodation must stay at the U SPORTS Championship designated host hotel.

Hotel: Best Western Pembina Inn & Suites
Address: 1714 Pembina Hwy, Winnipeg, MB R3T 2G2
Phone: (204) 262-1502

Note: *Best Western - Is fully booked*

Hotel: Canad Inns Destination Centre Fort Garry
Address: 1824 Pembina Hwy, Winnipeg, MB R3T 2G2
Phone: (204) 697-1462





Contact Person: Jason Miklovich (jmiklovich@canadinns.com)

Reservation Group Code: 561175

Room Cost: \$173.00

Please note that this block of rooms was held until February 5, 2024

Hotel: Four Points by Sheraton Winnipeg South

Address: 2935 Pembina Hwy, Winnipeg, MB R3T 2H5

Phone: (204) 275-8747

Contact Person: Linda Latisnere (linda.latisnere@fourpointswinnipegsouth.com)

Room Cost: \$149.00

Please note that this block of rooms was held until February 5, 2024

If additional hotel accommodation options are required, please contact Rochelle Dziadekwich, Travel & Administration Coordinator Bison Sports

5. TRANSPORTATION

TRAVEL TO THE CHAMPIONSHIP

Teams will be responsible for securing their own transportation to the championship. Flights, Charter bus or rental car options are available.

RENTAL VEHICLES

Numerous rental car companies service from the Winnipeg Airport (YWG), please use their website to book: Enterprise, Avis, National, Thrifty, Budget, Hertz

LOCAL BUS CHARTER COMPANIES

Beaver Bus Lines – Company Contact – Rick Brown, 339 Archibald Street, Winnipeg, MB R2J 0W9, Phone: 204-989-7007, www.beaverbus.com, Email - tours@beaverbus.com

Exclusive Bus Lines - Company Contact - Annie Clark, 5540 Portage Avenue, Headingley, Manitoba R4H 1E8, Phone: 204-594-5912, Email: aclark@exclusivebuslines.com

PARKING

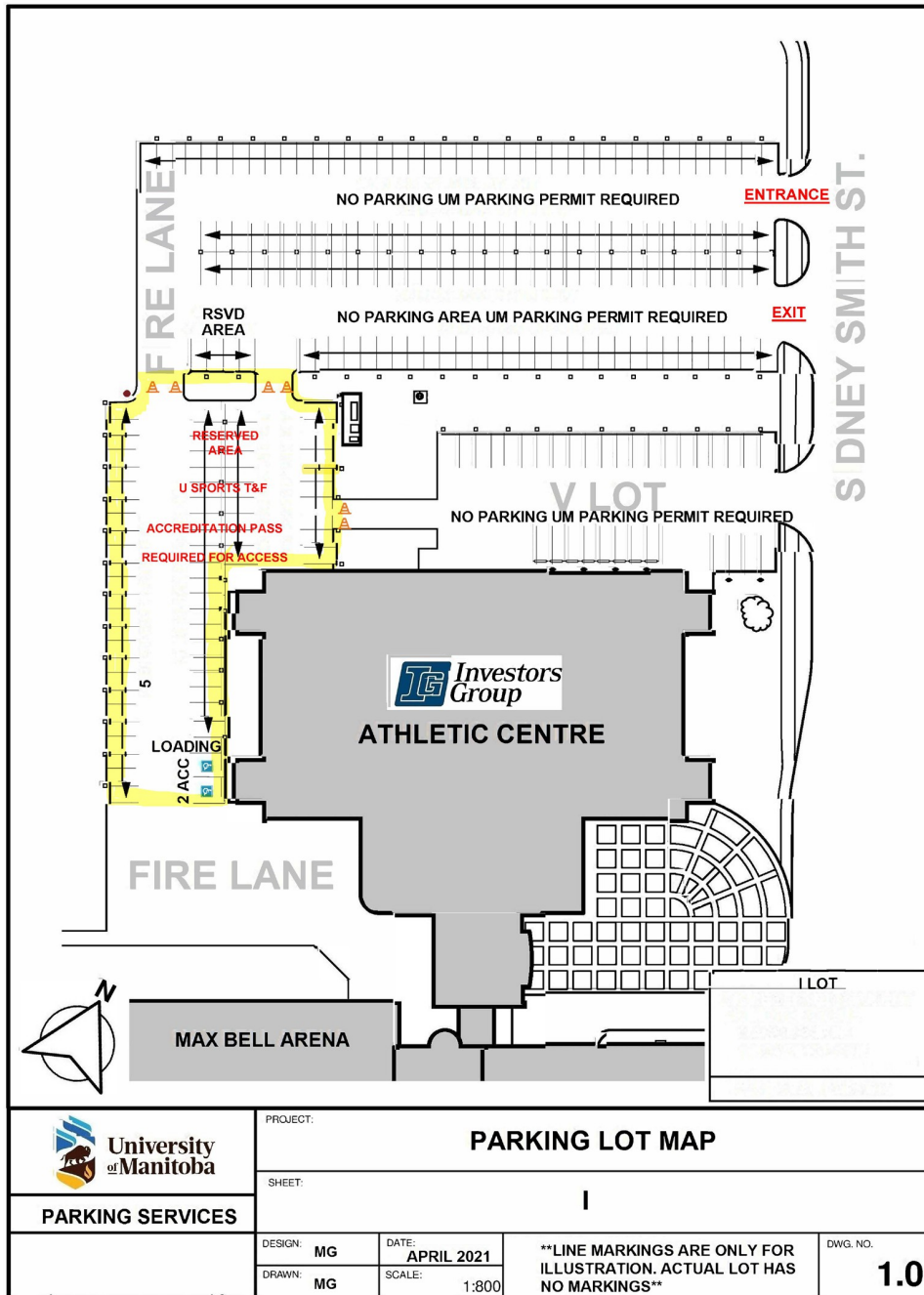
Parking at hotels should be free of charge. Please work directly with hotels for parking arrangements at hotels.





On Campus Parking

Limited complimentary parking is available for visiting teams throughout the meet in a designated area in I Lot. Please see below map. Designated area is indicated in yellow. Meet accreditation pass required for access.





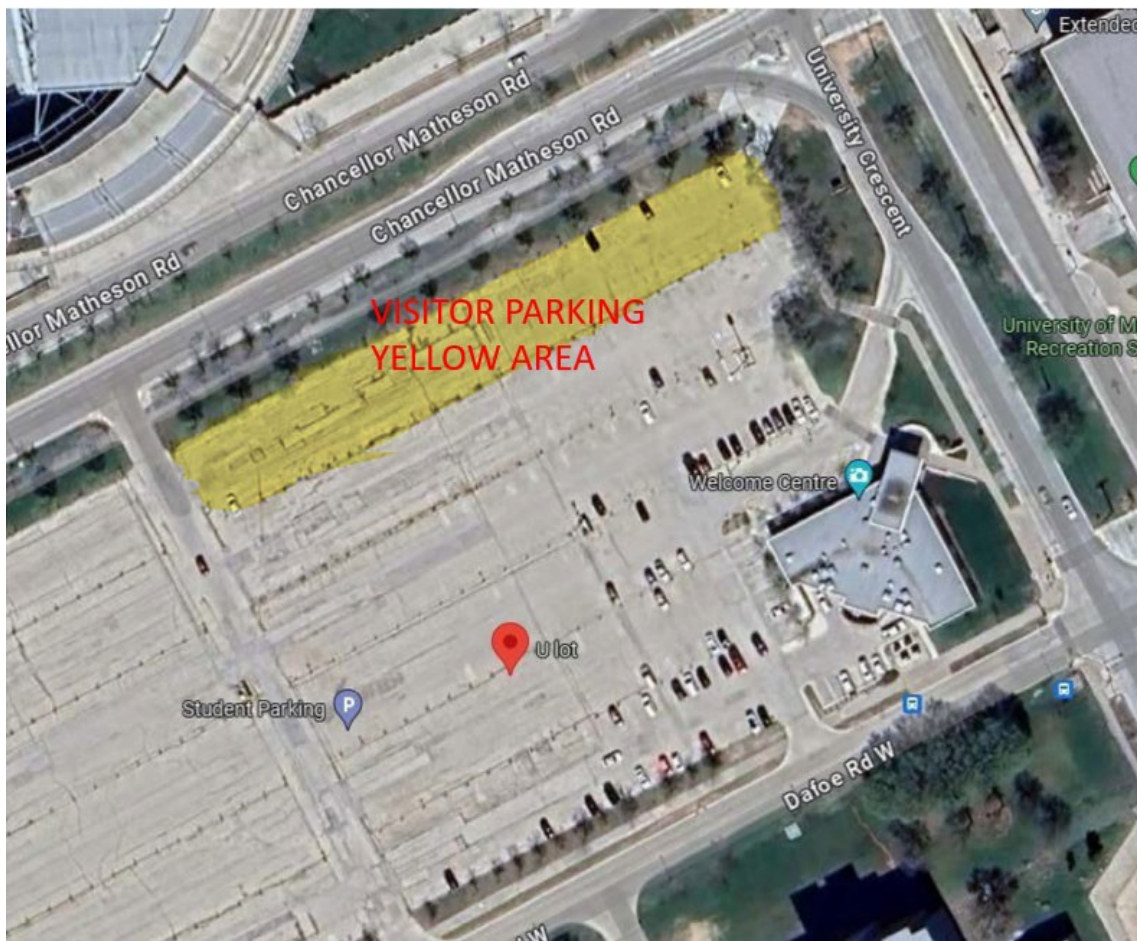
VISITOR PARKING PAID LOCATIONS

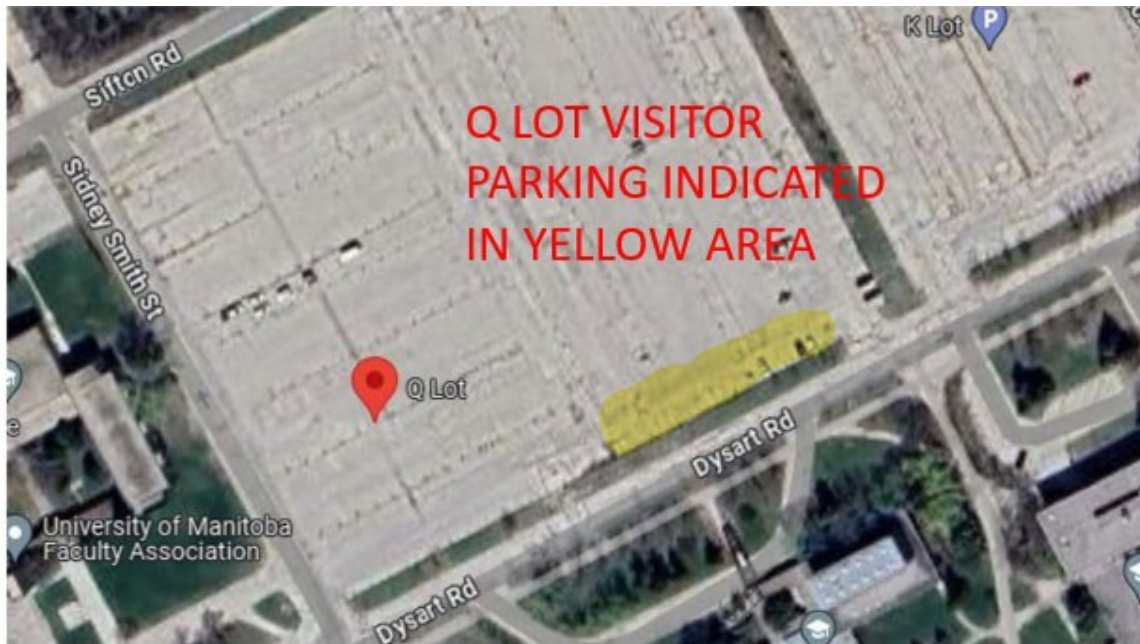
Visitor paid parking is available at many locations on campus. Please see link below for additional information and campus map for University of Manitoba.

<https://umanitoba.ca/parking/visitor-parking#fort-garry-campus-daytime-parking-options-and-rates>

Suggested lots are U Lot & Q Lot - Please see below for map indicating visitor parking location in these lots.

Parking rates and restrictions are in effect on weekdays from 7:30am – 4:30pm. If teams are in visitor parking areas – teams are responsible to cover the cost of parking.





6. TEAM REGISTRATION AND ACCREDITATION

TEAM ACCREDITATIONS

All non-athletes (coaches, medical, VIP, etc.) will need to wear accreditation at all times. Athletes will use their assigned bib numbers as accreditation.

All teams are to complete the online Accreditation/Travel Information form at the following link – <https://forms.office.com/r/5NMY9Rbs6e>

Please submit this form by end of day on Sunday, March 3, 2024

ACCREDITATION PICK-UP

Will be delivered to coaches at the Technical Meeting





7. TECHNICAL INFORMATION

FACILITIES

- The James Daly Field House is a six lane Beynon surface with banked corners.
- The sprints are contested on a 10 lane Beynon surface on the infield.
- Full electronic timing with the Hawkeye Video System is used.
- All field events are held in the infield.
- Throws are made from a plywood circle.
- Change rooms, showers and washroom facilities are available
- Maximum spike length 7mm
- Canteen service will be available on the rink side of the building

Pole Vault Pole Shipping

It is the responsibility of each school to arrange for the transportation of their Pole Vault Poles. If they need to be shipped to the Championships, they can be addressed to:

University of Manitoba Track & Field, attn: Brooke-Lynn Boyd
Max Bell Centre,
109 Sidney Smith Rd,
Winnipeg, MB, R3T 2N2

EQUIPMENT

A MAXIMUM SPIKE LENGTH OF 7 MM IS PERMITTED



UNIFORM LAUNDRY

N/A

C. LOCKER ROOMS





N/A

D. TEAM BANNERS

Each team is permitted to hang ONE team sign in the James Daly Fieldhouse. Any additional signage will be removed at the discretion of the Organizing Committee.

8. MEDICAL SERVICES

A handbook describing the medical personnel for the event and services available through the Athletic Therapy Department and will be sent to schools through the regular U SPORTS channels.

There will not be a medical meeting, however the Medical Lead will attend the Technical Meeting to provide coaches and staff with a brief overview of medical personnel and services available for the event.

If teams have specific questions, they can be directed to: Brad Bergen: Brad.Bergen@umanitoba.ca

9. HOSPITALITY ROOMS

VIP's/COACHES

Location:	Alumni Lounge – Max Bell Centre
Room:	300
Opening times:	During meet hours – March 7, 8 & 9
Services:	Snacks/refreshments available

COACHES

Date:	Wednesday, March 6 th
Location:	Best Western Pembina Inn & Suites
Room:	Conference Room
Opening times:	9:00 PM – After U SPORTS Coaches Meeting
Services:	Refreshments/snacks available





10. SPECTATOR TICKETS

Tickets can be purchased online at the following link -
<https://www.showpass.com/2024-u-sports-track-and-field-championships/>

Please refer to this link for ticket prices and details

11. APPAREL/MERCHANDISE

Merchandise for USPORT Track & Field:

There will be no in-person merchandise sales at the event – Online sales only.
For merchandise ordered online prior to Monday, February 26th – this will be available for coaches to pick up at the technical meeting.

After February 26 additional orders can be placed up until March 10, 2024.
These orders will have the option to be shipped to the individuals home address or picked up from a Winnipeg location after the event.

[Link to online store](#) - Items available include sweater, short sleeve, long sleeve, and sweatpants





Appendix I

**U SPORTS TRACK AND FIELD CHAMPIONSHIPS
University of Manitoba
MARCH 7, 8 & 9, 2024**

Tentative Schedule of Events as of Feb 28, 2024, times posted in CST

DAY 1

THURSDAY, MARCH 7, 2024

1:00 pm	Weight Throw	W	Final
3:00 pm	60 M Hurdles	W	Pent
3:20 pm	60 M	M	Hep
4:15 pm	High Jump	W	Pent
4:15 pm	Long Jump	M	Hep
5:30 pm	Shot Put	M	Hep
6:15 pm	60 M	W	Heats
6:30 pm	60 M	M	Heats
6:30 pm	Shot Put	W	Pent
7:15 pm	60 M	W	Final
7:30 pm	60 M	M	Final
7:30 pm	Long Jump	W	Pent
7:45 pm	600 M	W	Heats
8:00 pm	600 M	M	Heats
8:15 pm	High Jump	M	Hep
8:15 pm	4 x 200m	W	Heats
8:30 pm	4 x 200m	M	Heats
9:00 pm	800 M	W	Pent

Awards: Weight Throw (W) / 60m (W & M)

Pent (W)





DAY 2 - FRIDAY, MARCH 8, 2024

1:00 pm	Weight Throw	M	Final
2:30 pm	60 M Hurdles	M	Hep
3:30 pm	Pole Vault	M	Hep
4:00 pm	60m Hurdles	W	Heats
4:15 pm	60m Hurdles	M	Heats
4:30 pm	Long Jump	W	Final
4:30 pm	1000 M	W	Final
4:45 pm	1000 M	M	Final
5:15 pm	60 M Hurdles	W	Final
5:30 pm	60 M Hurdles	M	Final
6:00 pm	300 M	W	Heats
6:15 pm	300 M	M	Heats
6:30 pm	High Jump	M	Final
6:30 pm	1000m	M	Hep
6:30 pm	Pole Vault	W	Final
7:10 pm	3000 M	W	Final
7:15 pm	Long Jump	M	Final
7:15 pm	Shot Put	W	Final
7:25 pm	3000 M	M	Final
7:45 pm	300 M	W	Final
8:00 pm	300 M	M	Final
8:15 pm	4 x 800 M Relay	W	Final
8:30 pm	4 x 800 M Relay	M	Final

Awards: Weight Throw (M) / 60m Hurdles (W & M) / Pole Vault (W) / High Jump (M) / Long Jump (W & M) / Shot Put (W) / 300m (W & M) / 1000m (W & M)

3000m (W & M) / 4 x 800m (W & M) / Hep (M)





DAY 3

SATURDAY, MARCH 9, 2024

12:30 pm	Triple Jump	W	Final
12:30 pm	Pole Vault	M	Final
1:15 pm	600 M	W	Final
1:30 pm	600 M	M	Final
1:45 pm	Shot Put	M	Final
2:15 pm	4 x 200 M Relay	W	Final
2:25 pm	4 x 200 M Relay	M	Final
2:30 pm	High Jump	W	Final
2:30 pm	Triple Jump	M	Final
2:45 pm	1500 M	W	Final
3:00 pm	1500 M	M	Final
3:45 pm	4 x 400 M Relay	W	Final
4:00 pm	4 x 400 M Relay	M	Final

Awards: Pole Vault (M) / Triple Jump (W & M) / Shot Put (M) / High Jump (W)

600m (W & M) / 1500m (W & M) / 4 x 200m (W & M) / 4 x 400m (W & M)

MVP's / Team Banners

