

# USports Track and Field Championships

## Championnat d'athlétisme USports

*All Time Top Ten performers and performances*

*Meilleures performances lors des championnats universitaires canadiens*

Compiled Originally by Bruce Pirnie and Lyle Sanderson March 30, 1996

Revised by Melody Torcolacci and Lyle Sanderson 1999 / Revised by Claude Berube March 20, 2017

### 60m Men / 60m Homme

1	6.57 h	<b>Sam Effah</b>	Calgary	2010
2	6.58	<b>Ibrahim Meite</b>	Sherbrooke	2002
	6.59	Effah		2010
	6.60 h	Effah		2009
3	6.61	<b>Ben Youssef Meite</b>	Sherbrooke	2011
3	6.61	<b>Dontae Richards-Kwok</b>	York	2014
5	6.63	<b>O'Brian Gibbons</b>	Windsor	1993
6	6.65	<b>Tyrone Halstead</b>	York	2010
	6.65	Effah		2009
	6.65 h	B Meite		2011
7	6.66	<b>Desai Williams</b>	York	1983
	6.66	B Meite		2007
	6.66	Gibbons		1994
	6.66	B Meite		2009
8	6.67	<b>Emmanuel Parris</b>	Sherbrooke	2007
8	6,67	<b>Tevaughn Campbell</b>	Regina	2016
	6.67 h	Williams		1983
10	6.68	<b>Justin McLellan</b>	York	2007
10	6.68	<b>Neville Wright</b>	Alberta	2007
	6.68	Halstead		2009
	6.68 h	Parris		2007

### 300m Men / 300m Homme

1	33.40	<b>Alexandre Marchand</b>	Sherbrooke	1999
2	33.51	<b>Adrian Jordan</b>	Western	1999
	33.51 h	Marchand		1999
3	33.52	<b>Nathan George</b>	Trinity Western	2016
4	33.53	<b>Desai Williams</b>	York	1983
5	33.64	<b>Austin Cole</b>	Alberta	2017
6	33.65	<b>Dontae Richards-Kwok</b>	York	2014
7	33.66	<b>O'Brian Gibbons</b>	Windsor	1993
7	33.66	<b>Rayshaun Franklin</b>	Toronto	2016
9	33.68	<b>Ben Youssef Meite</b>	Sherbrooke	2007
10	33.69	<b>Byron Goodwin</b>	Manitoba	1994

**600m Men / 600m Homme**

1	1.16.10	<b>Byron Goodwin</b>	Manitoba	1995
2	1.17.26	<b>Alexandre Marchand</b>	Sherbrooke	2000
3	1.17.52	<b>Ian Newhouse</b>	Alberta	1981
4	1.17.61	<b>Brendon Restall</b>	Victoria	2014
	1.17.67	Newhouse		1982
5	1.17.76	<b>Geoff Harris</b>	Dalhousie	2007
6	1.17.93	<b>Thomas Land</b>	Guelph	2017
7	1.18.10	<b>Mike Birke</b>	Toronto	1990
8	1.18.20	<b>Anthony Romaniw</b>	Guelph	2013
	1.18.20	Goodwin		1992
9	1.18.23	<b>Tyler Smith</b>	Victoria	2017
10	1.18.28	<b>Brian Thompson</b>	Saskatchewan	1987

**1000m Men / 1000m Homme**

1	2.22.09	<b>Tommy Lecours</b>	Guelph	2012
2	2.22.68	<b>Jean-Samuel Lapointe</b>	Laval	2012
3	2.22.74	<b>Charles Philibert-Thiboutot</b>	Laval	2012
4	2.23.08	<b>Sebastien Ouellet</b>	Sherbrooke	1999
5	2.23.10	<b>Ryan McKenzie</b>	Windsor	2004
6	2.23.42	<b>Mike Birke</b>	Toronto	1990
7	2.23.92	<b>Sacha Smart</b>	Toronto	2016
8	2.23.95	<b>Dave Reid</b>	York	1987
9	2.24.03	<b>Dave Mather</b>	Queen's	1988
10	2.24.17	<b>Rob Swartz</b>	Alberta	1993

**1500m Men / 1500m Homme**

1	3.46.85	<b>Allan Klassen</b>	British Columbia	1990
2	3.46.86	<b>Brendan Matthias</b>	Toronto	1990
3	3.47.08	<b>Gary Barber</b>	Victoria	1989
4	3.47.35	<b>Henry Klassen</b>	Manitoba	1990
5	3.47.57	<b>Kyle Boorsma</b>	Guelph	2011
6	3.47.58	<b>Matt Walters</b>	Windsor	2012
	3.47.73	H Klassen		1989
7	3.47.84	<b>Geoff Martinson</b>	Victoria	2009
7	3.47.84	<b>Ross Proudfoot</b>	Guelph	2015
	3.48.19	Matthias		1989
9	3.48.07	<b>Charles Philibert-Thiboutot</b>	Laval	2012
10	3.48.08	<b>Thomas Riva</b>	Victoria	2015

**3000m Men / 3000m Homme**

1	7.59.29	<b>Jeff Scheibler</b>	British Columbia	1996
2	7.59.30	<b>Ross Proudfoot</b>	Guelph	2015
	8.04.88	Scheibler		1995
3	8.07.04	<b>Charles Philibert-Thiboutot</b>	Laval	2015
4	8.07.11	<b>Declan White</b>	Trinity Western	2015
5	8.08.13	<b>Kelly Wiebe</b>	Regina	2013
6	8.08.31	<b>Darren Klassen</b>	Manitoba	1991
7	8.08.32	<b>Colin Dignum</b>	Queen's	1991
8	8.09.76	<b>Chris Dulhanty</b>	Guelph	2015
9	8.10.20	<b>Antoine Thibault</b>	Laval	2016
10	8.10.22	<b>Matt Walters</b>	Windsor	2012

### 5000m Men / 5000m Homme

1	13.57.28	<b>Paul McCloy</b>	Memorial	1986
	14.04.15	McCloy		1985
2	14.05.20	<b>Carey Nelson</b>	Victoria	1985
3	14.16.62	<b>Norm Tinkham</b>	Dalhousie	1985
4	14.26.76	<b>Ed Rendall</b>	Calgary	1986
5	14.29.27	<b>Rob Quinn</b>	McGill	1986
6	14.30.25	<b>Ray Paulins</b>	Laurentian	1985
7	14.30.93	<b>Dorys Langois</b>	Sherbrooke	1985
8	14.33.35	<b>Andrew Krucker</b>	Waterloo	1985
	14.33.36	Rendall		1987
9	14.34.17	<b>Mark Wood</b>	Dalhousie	1985
10	14.34.59	<b>Christian Weber</b>	Manitoba	1987

### 60m Hurdles Men / 60m haies Homme

1	7.79	<b>Sekou Kaba</b>	Ottawa	2014
2	7.83	<b>Mark McKoy</b>	York	1983
2	7.83	<b>Greg MacNeill</b>	Toronto	2014
	7.85	MacNeill		2015
4	7.86	<b>Andrew Lissade</b>	Sherbrooke	2001
5	7.86 h	<b>Matt Brisson</b>	Western	2013
	7.87	Brisson		2013
6	7.88	<b>Jeff Glass</b>	Western	1987
7	7.88	<b>Ingvar Moseley</b>	York	2014
8	7.89	<b>Calum Innes</b>	Trinity Western	2015
	7.89	McCoy		1982
	7.89 h	Kaba		2014
	7.90	Glass		1988
	7.90	Lissade		1998
	7.91	Lissade		1999
	7.91 h	McCoy		1982
9	7.92	<b>Isoken Ogieva</b>	Western	2015
	7.92	Kaba		2012
	7.92	Glass		1985
	7.93	Lissade		2000
	7.96 h	MacNeill		2014
	7.97 h	MacNeill		2015
	7.98	Innes		2013
	7.98	Brisson		2012
	7.99 h	Moseley		2014
10	8.01	<b>Simon Leveille</b>	Sherbrooke	2014

**4 x 200m Relay Men / 4 x 200m relay Homme**

1	1.25.65	<b>O. Makinde, Robertson, Biocchi, T. Makinde</b>	Ottawa	2012
2	1.26.01	<b>B.Meite, Desire, Montreuil, Parris</b>	Sherbrooke	2007
3	1.26.18	<b>I. Meite, Montreuil, Desire, B. Meite</b>	Sherbrooke	2006
4	1.26.35	<b>Williams, McCoy, Xanthakos, Hislop</b>	York	1984
5	1.26.41	<b>Sharpe, Sealy, McKoy, Williams</b>	York	1983
6	1.26.48	<b>Lissade, Grenier, Darbouze, Marchand</b>	Sherbrooke	2000
7	1.26.55 h	<b>O. Makinde, Robertson, Biocchi, T. Makinde</b>	Ottawa	2012
8	1.26.56	<b>Bailey, Drake, Tallon, Wilkins</b>	Saskatchewan	2000
9	1.26.61	<b>Dwyer, Lawrence, DeSimone, Vega Penso</b>	York	1999
10	1.26.66	<b>E. Montreuil, D. Montreuil, Perron, Grenier</b>	Sherbrooke	2004

**4 x 400m Relay Men / 4 x 400m relay Homme**

1	3.14.12	<b>Effah, Kimich, Saizew, Ratzlaff</b>	Calgary	2008
2	3.14.6 HT	<b>Howie, Slade, Mooney, Lyons</b>	Western	1993
3	3.15.21	<b>Tuplin, Moser, Dunville, Drake</b>	Saskatchewan	2000
4	3.15.32	<b>T. Makinde, Biocchi, O. Makinde, Robertson</b>	Ottawa	2012
5	3.15.94	<b>Crump, Trepel, Plaxton, Goodwin</b>	Manitoba	1992
6	3.16.03	<b>Soulliere, Herron, Folkes, Gibbons</b>	Windsor	1992
7	3.16.05	<b>Granillo, Bates, Leitch, MacKay-Timmermans</b>	Western	2012
8	3.16.11	<b>Rabemananjara, Croteau, Diedhiou, Marchand</b>	Sherbrooke	1999
8	3.16.11	<b>Doucet, Lahaye, Cote, Alain</b>	Sherbrooke	1995
10	3.16.0 HT	<b>Palimino, Burnett, Wright, Yirenki</b>	York	1993

**4 x 800m Relay Men / 4 x 800m relay Homme**

1	7.27.94	<b>La Marra, McArthur, Bellemore, Ullman</b>	Windsor	2014
2	7.29.23	<b>Bima, Trepel, Goodwin, Fillion</b>	Manitoba	1995
3	7.30.16	<b>Oxland, Peterson, Restall, Smith</b>	Victoria	2017
4	7.30.39	<b>McArthur, Kagumba, MacMackin, Bellemore</b>	Windsor	2017
5	7.30.80	<b>McArthur, Kagumba, MacMackin, Bellemore</b>	Windsor	2016
6	7.30.82	<b>Mallie, Lehman, Martinson, Mazzei</b>	Victoria	2008
7	7.30.84	<b>Smith, Penner, Peterson, Restall</b>	Victoria	2016
8	7.30.99	<b>Restall, Collin, Smith, Riva</b>	Victoria	2014
9	7.31.02	<b>La Marra, McArthur, Bellemore, Ullman</b>	Windsor	2015
10	7.31.62	<b>Lecours, Jackson, Sikubwabo, Romaniw</b>	Guelph	2013

**High Jump Men / Saut en hauteur Homme**

1	2.24	<b>Alex Zaliauskas</b>	Toronto	1993
	2.21	Zaliauskas		1991
2	2.20	<b>Greg Joy</b>	Toronto	1983
3	2.19	<b>Derek Watkins</b>	Windsor	2007
4	2.18	<b>Rob Pitter</b>	Toronto	1981
	2.18	Watkins		2009
	2.18	Zaliauskas		1992
5	2.16	<b>Alex Witmer</b>	Toronto	2011
5	2.16	<b>Sean Cate</b>	Guelph	2016
	2.16 p	Watkins		2009
7	2.15	<b>Larry Helwig</b>	Toronto	1985
7	2.15	<b>Kevin Harrison</b>	Toronto	1986
7	2.15	<b>John Neufeld</b>	Saskatchewan	1987
7	2.15	<b>Anthony Black</b>	Windsor	1993
7	2.15	<b>Steve Dovaston</b>	Toronto	1981
7	2.15	<b>Mark Dillon</b>	Toronto	2006
	2.15	Zaliauskas		1997
	2.15	Pitter		1982

**Pole Vault Men / Saut à la perche Homme**

1	5.65	<b>Doug Wood</b>	York	1992
	5.60	Wood		1994
2	5.50	<b>Francois Theneault</b>	Sherbrooke	2001
3	5.40	<b>Jason Wurster</b>	Toronto	2010
	5.35	Wurster		2008
4	5.30	<b>Jeff Hayhoe</b>	York	1997
4	5.30	<b>David Foley</b>	Sherbrooke	2008
	5.30	Thenault		1999
	5.26	Wood		1991
6	5.25	<b>Todd Zubyck</b>	York	2004
7	5.20	<b>Ryan Hvidston</b>	Saskatchewan	1999
7	5.20	<b>Paul Just</b>	York	1991
7	5.20	<b>Kevin Lake</b>	York	1992
7	5.20	<b>Taylor Petrucha</b>	Saskatchewan	2010
7	5.20	<b>David McKay</b>	York	2015
	5.20	Just		1992
	5.20	Wood		1993
	5.20	Hayhoe		1998

**Long Jump Men / Saut en longueur Homme**

1	7.88	<b>Christopher Greenaway</b>	Ottawa	2010
2	7.87	<b>Taylor Stewart</b>	Western	2013
3	7.64	<b>Patrick Banim-Massock</b>	Montreal	2003
	7.64	Greenaway		2011
4	7.61	<b>Craig Cavanagh</b>	York	1999
5	7.54	<b>Jorg Ahne</b>	Guelph	2013
	7.54	Cavanagh		1998
6	7.53	<b>Wade Huber</b>	Regina	2006
6	7.53	<b>Olivier Huet</b>	Sherbrooke	2013
8	7.50	<b>Harry Sylvestre</b>	Sherbrooke	1997
8	7.50	<b>Clayton Latham</b>	Windsor	2001
	7.48	Cavanagh	Windsor	2003
10	7.47	<b>Jonathon Moyle</b>	Alberta	1993
	7.47	Banim-Massock		2002

**Triple Jump Men / Triple saut Homme**

1	15.81	<b>Olivier Huet</b>	Sherbrooke	2013
2	15.80	<b>Patrick Banim-Massock</b>	Montreal	2003
	15.69	Banim-Massock		2002
3	15.59	<b>Shawn Peters</b>	Regina	2001
	5.57	Banim-Massock		2004
4	15.53	<b>Oral Ogilvie</b>	Toronto	1989
	15.47	Banim-Massock	Laval	2000
5	15.43	<b>Hugh Maguire</b>	Manitoba	1987
	15.39	Peters		2000
	15.37	Ogilvie	Alberta	1991
6	15.34	<b>David St. Bernard</b>	York	2008
7	15.33	<b>Aaron Hernandez</b>	Lethbridge	2015
	15.32	Peters		1999
8	15.24	<b>Derek Watkins</b>	Windsor	2007
	15.22	Hernandez		2017
9	15.20	<b>Keith Dyck</b>	Manitoba	1990
10	15.18	<b>Brent Fougner</b>	Victoria	1981
10	15.18	<b>Volker Seitz</b>	Toronto	1994

**Shot Put Men / Lancer du poids Homme**

1	18.48	<b>Andrew Smith</b>	Saskatchewan	2011
2	18.46	<b>Chris Meisner</b>	Lethbridge	2004
3	18.31	<b>Tim Hendry</b>	Guelph	2012
	17.94	Smith		2010
	17.94	Hendry		2013
4	17.81	<b>Eric Brathwaite</b>	York	2014
5	17.60	<b>Chris Pickering</b>	Regina	2014
6	17.52	<b>Jim Steacy</b>	Lethbridge	2007
7	17.36	<b>Drew Welch</b>	Western	2012
	17.32	Pickering		2012
8	17.25	<b>Peter Millman</b>	Lethbridge	2017
9	17.24	<b>Umar Khan</b>	York	2012
10	17.23	<b>Matt Doherty</b>	Alberta	2007
	17.23	Hendry		2011

**35lb Weight Throw Men / Lancer du marteau Homme**

1	24.08	<b>Jim Steacy</b>	Lethbridge	2009
	23.61	J Steacy		2007
	21.59	J Steacy		2005
	21.46	J Steacy		2004
2	20.62	<b>Sean Steacy</b>	Lethbridge	2008
3	20.53	<b>Jared Skeath</b>	Guelph	2016
	20.45	J Steacy		2003
3	20.31	<b>Daniel Novia</b>	York	2012
4	20.27	<b>Matt Doherty</b>	Alberta	2007
	20.22	Novia		2013
5	20.09	<b>Marc-Antoine Lafreyne-Dugas</b>	Sherbrooke	2014
6	20.06	<b>Murray Heber</b>	Alberta	2001
7	20.02	<b>Dariusz Slowik</b>	Manitoba	2001
	19.91	Skeath		2017
	19.58	Heber		1999
8	19.44	<b>Tim Hendry</b>	Guelph	2012
	19.44	Skeath		2015
	19.42	Doherty		2008
	19.40	Lafreyne-Dugas		2015
	19.38	Lafreyne-Dugas		2017
10	19.36	<b>Eric Brathwaite</b>	York	2015

**Pentathlon (60H, HJ, SP, LJ, 1000m) Men / Pentathlon Homme**

1	4126	<b>Chris Crossley</b>	Saskatchewan	2010
2	4077	<b>James Turner</b>	Toronto	2015
3	4075	<b>Jamie Adjetey-Nelson</b>	Windsor	2009
4	3939	<b>Jesse Drennan</b>	Windsor	2015
5	3902	<b>Branden Wilhelm</b>	Windsor	2015
	3902	Adjetey-Nelson		2004
	3888	Wilhelm		2013
	3881	Wilhelm		2014
	3877	Adjetey-Nelson		2007
6	3856	<b>Darren Peters</b>	Regina	2004
7	3846	<b>Keegan Sharp</b>	Saskatchewan	2012
8	3834	<b>Trevor Phillips</b>	Calgary	2003
	3825	Drennan		2013
	3816	Drennan		2014
9	3811	<b>Mark Chenery</b>	Ottawa	2012
10	3807	<b>Derek Watkins</b>	Windsor	2009

**Heptathlon (60, HJ, SP, LJ, 60H, PV, 1000m) Men / Heptathlon Homme \*\* first held in 2016 \*\***

1	5374	<b>James Turner</b>	Toronto	2016
2	5368	<b>Rostam Turner</b>	Toronto	2017
3	5267	<b>Telvin Tavernier</b>	Carleton	2017
4	5157	<b>Mark Emode</b>	Guelph	2017
	5134	R. Turner		2016
5	4947	<b>Milos Savic</b>	Windsor	2016
6	4924	<b>Peter Nska Malonge</b>	Laval	2017
7	4907	<b>Kayden Johnson</b>	York	2017
8	4894	<b>Shawn Beaudoin</b>	Guelph	2016
	4784	Emode		2016
9	4668	<b>Michael Paisley</b>	Western	2016
10	4667	<b>Ludovic Gravel</b>	Laval	2017



**Men's Winning Team Totals / Plus de points par équipe Homme**

145.5 **	<b>Windsor</b>	2009
141 **	<b>Guelph</b>	2017
138 **	<b>Sherbrooke</b>	2007
138 **	<b>Windsor</b>	2011
114 **	<b>Guelph</b>	2013
103 **	<b>York</b>	2014
101 **	<b>Windsor</b>	2015
95	<b>Saskatchewan</b>	1971
90 **	<b>Western</b>	2012
93 **	<b>Windsor</b>	2016
89	<b>Toronto</b>	1986
86 **	<b>Guelph</b>	2010
82.5	<b>Manitoba</b>	1994
79	<b>Sherbrooke</b>	2000
75	<b>Manitoba</b>	1988
73	<b>Manitoba</b>	1995
72	<b>Manitoba</b>	1989
68	<b>Saskatchewan</b>	2002
68	<b>Sherbrooke</b>	1999
68	<b>York</b>	1983
66 **	<b>Guelph</b>	2008
64	<b>Sherbrooke</b>	1998
63	<b>Windsor / Manitoba (tie)</b>	1992
62	<b>Windsor</b>	1993
62	<b>York</b>	1984
61	<b>Windsor</b>	2003
59	<b>Windsor</b>	2004
59	<b>Toronto</b>	1985
58	<b>Manitoba</b>	1996
58	<b>Toronto / Manitoba (tie)</b>	1990
56	<b>Toronto</b>	1982
56	<b>Toronto</b>	1981
55	<b>Saskatchewan</b>	2005
54	<b>Alberta</b>	2001
53	<b>Sherbrooke</b>	1997
52	<b>Windsor</b>	1991
51	<b>Saskatchewan</b>	1987
50	<b>Saskatchewan</b>	1970
50	<b>Windsor</b>	2006

**\*\* 8 deep scoring system**