



TRACK & FIELD RECORD BOOK

RECORDS D'ATHLÉTISME

Men	Event Événement	Name Nom	School Université	Result Résultat	Year Année
Track Piste	50m*	Desai Williams	York	5.81	1984
	60m	Sam Effah	Calgary	6.57	2010
	300m	Austin Cole	Alberta	32.89	2019
	600m	Byron Goodwin	Manitoba	1:16.10	1995
	1000m	Tommy Lecours	Guelph	2:22.09	2012
	1500m	Allan Klassen	UBC	3:46.85	1990
	3000m	Jeff Schiebler	UBC	7:59.29	1996
	60m Hurdles 60m Haies	Sekou Kaba	Ottawa	7.79	2014
Relays Rélais	4x200m	Oluwasegun Makinde Michael Robertson Devin Bionchi Toluwalope Makinde	Ottawa	1:25.65	2012
	4x400m	Josh Hamilton Graeme Thompson Daniel Harper Philip Osei	Guelph	3:11.67	2019
	4x800m	Pal LaMarra Taylor McArthur Corey Bellemore Akeex Ullman	Windsor	7:27.94	2014
Field Pelouse	High Jump Saut eh hauteur	Alex Zaliaskas	Toronto	2.24	1993
	Long Jump Saut en longueur	Christopher Greenway	Ottawa	7.88	2010
	Triple Jump Triple Sault	Olivier Huet	Sherbrooke	15.81	2013
	Pole Vault Saut à la perche	Doug Wood	York	5.65	1992
	Shot Put Lancer du poids	Andrew Smith	Saskatchewan	18.48	2011
	Weight Throw Lancer du marteau	Jim Steacy	Lethbridge	24.08	2009
	Heptathlon	James Turner	Toronto	5,374	2016
	Pentathlon	Chris Crossley	Saskatchewan	4,126	2010

*No longer on program



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RECORDS D'ATHLÉTISME

Women	Event Événement	Name Nom	School Université	Result Résultat	Year Année
Track Piste	50m*	Molly Killinbeck	York	6.46	1984
	60m	Khamica Bingham	York	7.19	2015
	300m	Adrienne Power	Dalhousie	37.35	2005
	600m	Camille Cato	York	1:27.63	1984
	1000m	Jenna Westaway	Guelph	2:41.36	2019
	1500m	Paula Schnurr	McMaster	4:16.41	1988
	3000m	Brenda Shackleton	Victoria	9:04.88	1988
	60m Hurdles 60m Haies	Michelle Harrison	Saskatchewan	8.15	2020
Relays Rélais	4x200m	Morgan Byng Shyvonne Roxborough Zoe Sherar Nicole Smith	Guelph	1:36.46	2019
	4x400m	Morgan Byng Sadie-Jane Hickson Jenna Smith Zoe Sherar	Guelph	3:40.08	2019
	4x800m	Rachel Jewett Honor Walmsley Sasha Gollish Gabriela Stafford	Toronto	8:32.35	2015
Field Pelouse	High Jump Saut eh hauteur	Emma Nuttall	Trinity Western	1.88	2014
	Long Jump Saut en longueur	Jocelyn Adu-Gyamfi	Toronto	6.24	2001
	Triple Jump Triple Saut	Caroline Ehrhardt	Western	13.16	2015
	Pole Vault Saut à la perche	Robin Bone	Western	4.24	2015
	Shot Put Lancer du poids	Brittany Crew	York	17.56	2019
	Weight Throw Lancer du marteau	Kate Forbes	Lethbridge	19.66	2005
	Pentathlon	Jessica Zelinka	Calgary	4,380	2007

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