

FISU
WORLD
UNIVERSITY
GAMES
WINTER

TECHNICAL HANDBOOK SPEED SKATING

December 2022



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1. WELCOME MESSAGES

Dear Delegates, Dear Friends and Colleagues,

Thank you for your participation in the Lake Placid 2023 FISU World University Games. I would like to recognize the Organizing Committee and FISU for their hard work and dedication—without them, this event would not be possible. The past months have been very important as we put together the final touches to welcome the world's best collegiate-athletes to participate in these FISU Games.

The recent HoD meeting was very successful and as we get closer to the Lake Placid 2023 FISU Games it becomes even more exciting to call Lake Placid a two-time host, since they held the FISU Games in 1972. It is obvious that international events come naturally to the region, therefore, we are confident that Lake Placid is ready to welcome the world's best collegiate-athletes to their stage once again.

We would like to thank each and every one of you for your participation and hope you will spend the next 11 days discovering what this beautiful village in New York State and Adirondack Region has to offer. We are excited to see the result of your hard work and dedication that has gone into the preparation for these Games and are looking forward to having you with us in Lake Placid.

I wish you all good luck and hope you have a great stay in Lake Placid!

Thank you.

Leonz Eder

Acting President of the

International University Sports Federation

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Dear Technical Delegates and Officials,

I look forward to welcoming you to Lake Placid, NY and the surrounding North Country region, where the Lake Placid 2023 FISU World University Games will soon be underway. It is a privilege and honor to once again the host the World in our historic village!

As a community known for its rich sporting history, Lake Placid is proudly home to the 1932 and 1980 Olympic Winter Games, the 1972 FISU World University Games and countless World Cup and World Championship events. In preparation for the upcoming Lake Placid 2023 FISU Games, the venues have undergone extensive modernizations to provide world class facilities for decades to come, ensuring the continuation of our sporting legacy.

I am pleased to welcome you to my hometown and the surrounding North Country region. This technical handbook is intended to provide you with all the information you need to guide you through your time here. I wish each of the participating collegiate-athletes success and hope everyone leaves with unforgettable memories that are shared for years to come!

Sincerely,

Ashley Walden

Chief Operating Officer of the

Lake Placid 2023 FISU World University Games

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Dear Delegations,

Welcome to the Lake Placid 2023 FISU World University Games! Lake Placid, our Adirondack Region and the State of New York thank you for your dedication to University sport and we welcome you to our home with open arms.

As hosts of the 1972 FISU World University Games, we are excited to continue Lake Placid's legacy as a global center of international sport by again welcoming collegiate-athletes from across the globe.

The Organizing Committee recognizes our duty to support collegiate-athletes in their efforts to achieve excellence in their chosen disciplines by providing top-of-the-line competition venues and an unforgettable experience. With this in mind, we have worked to ensure that all participants have an opportunity to showcase their talents as they compete with cooperation and respect for one another.

Enjoy competition, enjoy our village, our region and our state so that you may leave Lake Placid with added and renewed feelings about the positive benefits of international University sport.

Please reach out to us as you may wish.

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With all good wishes,

James B. McKenna
President of the

Lake Placid 2023 FISU World University Games



2. ABBREVIATIONS

Abbreviation	Name in full	
ADAMS	Anti-Doping Administration and Management System	
CIC	FISU International Control Committee	
СМІ	FISU International Medical Committee	
СТ	FISU Technical Committee	
СРН	Crowne Plaza Hotel	
EC	FISU Executive Committee	
FISU	International University Sports Federation	
FNB	Food & Beverage	
GTM	General Technical Meeting	
HoD	Head of Delegation	
IF	International Federation	
ISU	International Skating Union	
ITC	FISU World University Games International Technical Committee	
ITO	International Technical Official	
LOC	Local Organizing Committee	
NADO	National Anti-Doping Organization	
NF	National Federation	
NTO	National Technical Official	
NUSF	National University Sports Federation	
OC	Organizing Committee	
OCN	Olympic Center	
SIC	Sports Information Center	
SID	Sports Information Desk	



SSK	Speed Skating	
TD	Technical Delegate	
тсс	FISU Technical Committee Chair	
ТО	Technical Official	
TUE	Therapeutic Use Exemptions	
WADA	World Anti-Doping Agency	

3. FISU INTERNATIONAL TECHNICAL COMMITTEE

Position	First Name	Last Name	Country
FISU TCC ALP	Matjaz	Kranjc	SLO
FISU TCC BTH	Ondrej	Rybar	CZE
FISU TCC CCS	Zofia Stefania	Kielpinska	POL
FISU TCC NCB	Karl	Lustenberger	SUI
FISU TCC SJP	Paul	Ganzenhuber	AUT
FISU TCC FRS	Magnus	Ferry	SWE
FISU TCC SBD	Ola	Sundekvist	SWE
FISU TCC CUR	Scott	Arnold	CAN
FISU TCC IHO	Reto	Bertolotti	SUI
FISU TCC IHO	lgor	Nemecek	SVK
FISU TCC FSK	Dingding	Liu	CHN
FISU TCC STK	So Hee	Kim	KOR
FISU TCC SSK	Moyca	Stoffel	CAN



4. GENERAL INFORMATION

4.1 Lake Placid 2023 FISU World University Games

Date: 12- 22 January 2023

Location: Lake Placid, New York

Sports Program: 12 sports, 86 Medal Events

Venues: 9 venues

4.2 Competition Schedule



4.3 Opening and Closing Ceremonies

Opening Ceremony

Date: 12 January 2023

Location: Olympic Center, 1980 Herb Brooks Arena

Beginning of Ceremony: 19:00

Closing Ceremony

Date: 22 January 2023

Location: Olympic Center, 1980 Herb Brooks Arena

Beginning of Ceremony: 17:10



5. COMPETITION INFORMATION

5.1 Technical Committee

FISU Technical Committee Chair	Moyca Stoffel (CAN)
ISU Technical Delegate	Susan Sandvig-Shobe (USA)
Sport Manager	Tom Miller (USA)

5.2 International Technical Officials

Referee Men	Rick Hunt (CAN)
Referee Women	Paul Stangl (USA)
Assistant Referees	Froukje de Vries (NED) Richard Vehe (USA)
Starters	Marc Poulin (CAN) Matthew Vraa (USA) Magnus Ripsrud (NOR)

5.3 Competition Structural Chart

Venue N	FISU TCC	
Lake K	Lake Kwaza	
Security	Security Sport Manager	
Michael Ryan	Tom Miller	
Workforce/	Susan Sandvig-Shobe	
Bethany Valenze		



5.4 Technical Regulations

The Speed Skating events will be organized in accordance with the most recent technical regulations of the International Skating Union (ISU), except when specifically amended by these regulations or by the FISU Games International Technical Committee (ITC).

The program and duration of the competitions will be fixed by the FISU Executive Committee in agreement with the Organizing Committee and the FISU Games ITC. In principle, the program will last a maximum of eight (8) days and will include the following events:

Men	Women
500m	500m
1000m	1000m
1500m	1500m
5000m	3000m
Mass Start	Mass Start
Team Pursuit	Team Pursuit
Mixed Team Relay	

- o Mass Start races over 16 laps for two (2) skaters per country per gender.
- o Men Team Pursuit races over eight (8) laps for national teams of three (3) skaters.
- o Women Team Pursuit races over six (6) laps for national teams of three (3) skaters.
- o Mixed Gender Relay races over six (6) laps for national teams of one (1) W and one (1) M.

Each country is authorized to enter a maximum of 24 athletes (12 men and 12 women).

In each event, each country may enter the following number of athletes including one substitute (per event per gender):

a) Individual events:

- o 500m, 1000m and 1500m: Maximum five (5) athletes for each distance (per gender), but no more than four (4) of those may start.
- o 5000m M, 3000m W: Maximum four (4) athletes for each distance (per gender), but no more than three (3) of those may start. A maximum of 32 athletes will be permitted in each event.
- o Mass Start: Maximum three (3) athletes (per gender), but not more than two (2) may start. To be organized with semi-finals and final if more than 24 athletes entered per gender. A maximum of 32 athletes will be permitted for event (per gender).
- o If necessary, the number of athletes may be reduced.



b) Team events:

- o Team Pursuit: Maximum eight (8) teams (per gender) will be authorized to take part in the competition (four (4) athletes in each team, three (3) of whom may start). The qualification of the teams will be based on the ranks of the second best athlete of the country concerned in the 3000m for Women and the 5000m for Men, respectively.
- o Mixed Gender Relay: Maximum four (4) athletes (two (2) women and two (2) men) may be entered, but maximum one (1) team per country composed of one (1) W and one (1) M may start.

5.4.1 PROTEST AND APPEAL

Protests based on an alleged violation of rules may be lodged provided that they are not excluded by this or any other rule. The referee holds the power to decide whether to accept the protests. Protests must be filed with the referee in writing and within the stated time limit. At the same time the protest is filed, CHF 100, or equivalent in the Organizing Committee currency, must be deposited with the referee. (ISU Rule 123).

No protests are allowed against a referee or starter's decision (ISU Rule 123.4.C). Any sport disciplinary situation, which cannot be satisfactorily resolved by the Sport Technical Committee (TC) and the sport specific disciplinary regulations, will be reported to the FISU Disciplinary Committee for further action to be taken. Where appropriate, a report will also be sent to ISU.

5.5 Competition Format

5.5.1 500M/1000M/1500 W/M, 3000M W/5000M M

- o Single Distance Format 500m, 1000m and 1500m: maximum five (5) athletes for each distance (per gender), but no more than four (4) of whom may start.
- o 3000m women and 5000m men: maximum four (4) athletes for each distance (per gender), but no more than three (3) of whom may start. A maximum of 32 athletes will be permitted in each event.

5.5.2 TEAM PURSUIT

- o Maximum eight (8) teams (per gender) will be authorized to take part in the competition (up to four (4) athletes on each team, three (3) of whom may start). The qualification of the teams will be based on the ranks of the second-best athlete of the country concerned in the 3000m for women and the 5000m for men, respectively. The race is competed over six (6) laps for women and over eight (8) laps for men:
- o Team Pursuit will be organized with 2 teams racing at the same time
- o For the team pursuit event, a maximum of eight (8) national teams shall be authorized to take part in the competition (four (4) skaters in each team, three (3) of whom may skate).



The qualification of the teams will be based on the ranks of the second-best skater of the country concerned in the 3000m for women and in the 5000m for men.

5.5.3 MASS START

o Maximum three (3) athletes (per gender), but not more than two (2) may start. If more than 24 athletes are entered (per gender), the races will be organized with semi-finals and finals. A maximum of 32 athletes will be permitted per event (per gender). Races are competed over 16 laps.

5.5.4 MIXED TEAM RELAY

o Maximum one (1) team per country comprised of a maximum four (4) athletes (two (2) women and two (2) men) may be entered, but only one (1) woman and one (1) man can start. Races are competed over six (6) laps.

At the first General Technical Meeting the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC.

5.6 Competition and Training Venue Information

5.6.1 GENERAL INFORMATION

Venue Manager		Lake Kwaza	
Venue	Function	Location	Distance from accommodation to venue
James C. Sheffield Speed Skating Oval	Training/ Competition	2672 Main St, Lake Placid, NY 12946	0.2 miles (327 m)

5.6.2 VENUE LAYOUTS See Appendix, Section 8.2.



5.7 Day-by-Day Schedule

"For all televised events, the competition session begins at the stated time, but the actual competition/play will begin five (5) minutes afterwards for broadcast purposes."

Кеу	
Training	Light Blue
Competition	Dark Blue
Reserve Days	White
Meeting Days/Additional Information	Yellow
Ceremonies/Social Events	Red

SPORT	DATE	DAY	START TIME	FINISH TIME	EVENT NAME	VENUE
Speed Skating	8-Jan-23	SUN	TBD	TBD	Venue Inspection Visit	OCN (Oval)
Speed Skating	9-Jan-23	MON	17:00	19:00	FISU International Technical Committee (ITC) Meeting	СНР
Speed Skating	12-Jan-23	THU	10:30	16:30	Unofficial Training	OCN (Oval)
Speed Skating	12-Jan-23	THU	19:00	20:30	Opening Ceremony	OCN
Speed Skating	13-Jan-23	FRI	10:30	16:30	Official Training	OCN (Oval)
Speed Skating	14-Jan-23	SAT	10:30	16:30	Official Training	OCN (Oval)
Speed Skating	14-Jan-23	SAT	11:00	12:00	1st Technical Committee Meeting	OCN
Speed Skating	14-Jan-23	SAT	14:00	15:00	Referee Meeting	OCN
Speed Skating	14-Jan-23	SAT	17:00	18:00	1 st General Technical Meeting	OCN



					(Team Leader's Meeting)	
Speed Skating	15-Jan-23	SUN	09:00	09:30	Warm-up	OCN (Oval)
Speed Skating	15-Jan-23	SUN	10:00	11:40	1000m W/M	OCN (Oval)
Speed Skating	15-Jan-23	SUN	12:54	13:09	Mascot Ceremony 1000 m W/M	OCN (Oval)
Speed Skating	15-Jan-23	SUN	18:00	20:00	Medal Ceremony 1000m W/M	Mid's Park
Speed Skating	15-Jan-23	MON	09:00	09:30	Warm-up	OCN (Oval)
Speed Skating	16-Jan-23	MON	10:00	14:40	3000m W / 5000 M	OCN (Oval)
Speed Skating	16-Jan-23	MON	15:02	15:12	Mascot Ceremony 3000m W	OCN (Oval)
Speed Skating	16-Jan-23	MON	15:12	15:22	Mascot Ceremony 5000m M	OCN (Oval)
Speed Skating	16-Jan-23	MON	18:00	20:00	Medal Ceremony 3000m/5000m W/M	Mid's Park
Speed Skating	17-Jan-23	TUE	09:00	09:30	Warm-up	OCN (Oval)
Speed Skating	17-Jan-23	TUE	10:00	11:30	1500m W/M	OCN (Oval)
Speed Skating	17-Jan-23	TUE	12:45	13:00	Mascot Ceremony 1500 m W/M	OCN (Oval)
Speed Skating	17-Jan-23	TUE	18:00	20:00	Medal Ceremony 1500m W/M	Mid's Park
Speed Skating	18-Jan-23	WED	09:00	09:30	Warm-up	OCN (Oval)



Speed Skating	18-Jan-23	WED	10:00	11:20	Team Pursuit W/M Semi	OCN (Oval)
Speed Skating	18-Jan-23	WED	11:30	11:40	Mascot Ceremony Team Pursuit W/M	OCN (Oval)
Speed Skating	18-Jan-23	WED	18:00	20:00	Medal Ceremony Team Pursuit W/M	Mid's Park
Speed Skating	19-Jan-23	THU	09:00	09:30	Warm-up	OCN (Oval)
Speed Skating	19-Jan-23	THU	10:00	12:10	500m W/M	OCN (Oval)
Speed Skating	19-Jan-23	THU	12:00	12:30	Mixed Team Relay	OCN (Oval)
Speed Skating	19-Jan-23	THU	13:05	13:25	Mascot Ceremony 500M W/M	OCN (Oval)
Speed Skating	19-Jan-23	THU	13:25	13:35	Mascot Ceremony Mixed Team Relay	OCN (Oval)
Speed Skating	19-Jan-23	THU	18:00	20:00	Medal Ceremony 500m W/M / Mixed Team Relay	Mid's Park
Speed Skating	20-Jan-23	FRI	09:00	09:30	Warm-up	OCN (Oval)
Speed Skating	20-Jan-23	FRI	10:00	11:05	Mass Start W/M Final	OCN (Oval)
Speed Skating	20-Jan-23	FRI	11:00	11:45	Mascot Ceremony Mass Start W/M	OCN (Oval)
Speed Skating	20-Jan-23	FRI	18:00	20:00	Medal Ceremony Mass Start W/M	Mid's Park
Speed Skating	20-Jan-23	FRI	TBD		Final Technical Committee Meeting	TBD



Speed Skating	22-Jan-23	SUN	17:10	Closing Ceremony	OCN
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5.7.1 CEREMONIES

Mascot Ceremonies will be held immediately following the competitions. Medal Ceremonies for men and women will be held at Mid's Park - Medals Plaza the evening of the competitions.

For more information, please refer to Section 5.10.

5.7.2 TRAINING

On 12 January unofficial training (10:00 -16:30) will take place, and on 13-14 January official training (10:00 -16:30) will take place.

5.7.3 GENERAL TECHNICAL MEETING

The 1st General Technical Meeting will be held at 17:00 on 14 January 2023 at the Olympic Center. Team leaders/coaches must attend the 1st General Technical Meeting.

At the 1st General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors. Any further details and clarifications, which are not yet described in the Technical Handbook, will be communicated at the respective General Technical Meetings.

5.8 Speed Skating Equipment

5.8.1 TRACK CONDITIONS/PADDING SYSTEM

- o The Olympic Center has an artificially refrigerated Outdoor 400m ice surface.
- o A safety pad system surrounds the entire oval.

5.8.2 ATHLETE EQUIPMENT

All athletes must conform to ISU Rule 291 Equipment of Skaters. These rules can be found at the following link: https://www.isu.org/speed-skating/rules/ssk-regulations-rules/file

5.9 Doping Control

Doping control will be carried out in accordance with the WADA World Anti-Doping Code and FISU regulations. Conditions for doping control procedures will be provided during the competitions at all sports venues.



5.9.1 LIST OF PROHIBITED SUBSTANCES

The actual list of prohibited substances and methods is defined in accordance with WADA international standards. National University Sports Federations will be responsible for ensuring that their delegations, namely athletes, are made aware of the actual copy of the prohibited list. Ignorance of the prohibited list contents will in no way constitute a valid excuse for any participant of the Lake Placid 2023 FISU World University Games violating valid FISU Anti-Doping Rules. For the WADA list of prohibited substances and methods please refer to the following website: www.wada-ama.org.

5.9.2 TESTING

The required number of samples will be selected during the "in-competition" and "out-of-competition" periods in accordance with the Test Distribution Plan. "In-competition" is defined as the period commencing 12 hours before a competition in which the athlete is scheduled to participate through to the end of such competition and the sample collection process related to such competition. "Out-of-competition" is defined as any doping control which is not "in-competition." During the Lake Placid 2023 FISU World University Games, athletes can be tested at any time without prior notice. Urine and/or blood samples will be collected in compliance with the WADA International Standard for Testing and Investigations (ISTI). A paperless system will be used for the sample collection. The testing will be conducted by Doping Control Officers (DCO) from an anti-doping organization accredited by WADA. Testing will be conducted under the supervision of the FISU International Medical Committee. Doping samples will be sent to the WADA-accredited anti-doping laboratory (LAD) in Montreal, Canada. All results will be sent to the Chairman of the FISU International Medical Committee and entered into the ADAMS system. In the event of a violation of FISU Anti-Doping Rules, the responsibility for processing the results lies with the FISU International Medical Committee.

In the event of setting a national record, doping testing of the athlete is carried out at the expense of his/her National University Sports Federation.

5.9.3 DOPING CONTROL STATIONS

Doping control stations are located at each sports venue or in close proximity. The main doping control station is located in the Host City of Lake Placid. All doping control stations will be marked with signs, including signage directing athletes to the stations. After the completion of the doping control procedure, all samples collected at each doping control station will be delivered to the central doping control station together with the necessary support documentation (doping control protocols) for further registration in the ADAMS system. All samples will be packaged and sent to the WADA accredited anti-doping laboratory in accordance with international standards. All the information concerning the doping control program during the Lake Placid 2023 FISU World University Games is confidential according to WADA and FISU requirements. When visiting a doping control station, athletes are required to have accreditation cards.



The doping control station for Speed Skating athletes will be located at the Olympic Center, one (1) level below the arena, where there will be a locker room for the processing station and a waiting room right across the hall.

Doping control stations for out of competition controls and outside venue operating hours will be located at medical stations in various locations, being Knowles Hall, Great Escape, Paul Smith's College (the Health Center) and Lake Placid Sports Medicine. If testing outside of competition, athletes may be required to test at the medical station nearest them.

5.9.4 THERAPEUTIC USE EXEMPTIONS (TUE)

Lake Placid 2023 FISU World University Games participants who require Therapeutic Use Exemption (TUE) must make an appropriate request to the National Anti-Doping Organization or International Federation before participation in the Lake Placid 2023 FISU Games. The World Anti-Doping Agency International Standard for TUE will be applied in this case. Every athlete who uses a substance or a method included in the list of prohibited substances is obliged to be in possession of a completed TUE form of the established standard from the moment of arrival until the departure from the Village after the Closing Ceremony of the Lake Placid 2023 FISU World University Games.

If there is a need for the use of a prohibited substance or a prohibited method for medical reasons after the Opening Ceremony of the Lake Placid 2023 FISU World University Games, an athlete must submit a request for TUE to the FISU International Medical Committee as a matter of urgency. The responsibility for completing the TUE form and submitting an application to the FISU International Medical Committee lies with the delegation physician.

If the delegation does not have its own physician, the athlete shall submit a request for TUE with the attachment of medical documentation confirming the fact of providing him/her with emergency medical treatment to the FISU International Medical Committee.

5.9.5 STRUCTURE

Chair of FISU International Medical Committee	Dr. Dusan Hamar
OC Head of Medical Services & Doping Control	Dr. Tracey Viola

5.10 Mascots and Medals

5.10.1 MASCOT CEREMONY

Mascot Ceremonies will take place following the completion of each competition in the immediate vicinity of the Field of Play.



5.10.2 MEDAL CEREMONY

The Medal Ceremonies will be held at Mid's Park – Medals Plaza according to the detailed day-by-day schedule. For the day-by-day schedule, please refer to Section 5.7.

The official language for the Medal Ceremony will be English.

The medalists from each event must attend the Medal Ceremony. In the event that a medalist is unable to attend, the medal will be delivered to an official of the relevant delegation. He/she must be dressed in the delegation's official outfit. He/she must not mount the podium but stand behind it. The awarders will hand the medal and mascot over the podium. During the FISU Anthem, the delegation official stands behind the podium.

In the event that all medalists cannot be present, the Medal Ceremony will be postponed.

If an athlete or team is disqualified, the medal(s) shall be returned to FISU.

During the Medal Ceremony:

- o The athletes are not allowed to bring any national flag or any other national, cultural or religious symbol on the podium.
- o The national flags of the first three (3) medalists will be raised and the only anthem played will be the FISU Anthem, the Gaudeamus Igitur.
- o During the playing of the FISU Anthem and the raising of the flags, athletes shall face the flags and conduct themselves in a dignified manner at all times. No national anthem is played during the ceremony.
- o Athletes are expected to take off their caps and sunglasses when receiving the medal and keep items in hand throughout the ceremony (i.e., playing of the FISU Anthem and raising of the flags).
- o Athletes, authorities and accompanying persons are required to face the flags while they are being raised and the FISU Anthem is being played.
- o The medalists are expected to attend the ceremony in the uniforms they wore at the Opening Ceremony but are also allowed to attend the official ceremony wearing sport uniforms when the ceremony takes place immediately following the competition.
- o After the medals are awarded, athletes must remain in the awarding area for photos on the podium with medals.
- o In order to get the best photos, athletes should follow the recommendations of photographers.

5.10.3 DIPLOMA OF HONOR

- o The athletes ranked one (1) to eight (8) will receive a Diploma of Honor.
- o For team events, each team member, from teams ranked one (1) to six (6), will receive a personal Diploma of Honor mentioning his/her name and the team ranking.
- o Diplomas of Honor are not distributed at the Medal Ceremony. They are handed to the Head of Delegation or an appointed representative of each delegation prior to departure.
- o If an athlete or team is disqualified, the diploma(s) shall be returned to FISU.



5.10.4 DIPLOMA OF FISU RECORD

o Diploma of FISU Record: To athletes having broken a FISU record. (The diploma is prepared and provided by FISU to the athlete after the event.)

5.11 Media Interviews

Venue Media Centers for media representatives are organized at all Lake Placid 2023 FISU World University Games competition sites.

At the end of a competition, all athletes must leave the Field of Play through the mixed zone where brief interviews will be held. Every athlete/coach should be ready to communicate with media representatives upon their request. Team representatives should be prepared to provide athletes with a warm jacket or a blanket prior to entering the mixed zone.

A volunteer from the Venue Media Center will coordinate the exchanges between athletes/coaches and media.

Support for translation in English will be provided during the mixed zone interviews. If an athlete/coach does not speak this language, they should invite their team interpreter to the mixed zone.

Media conferences are held at the beginning and the end of the Lake Placid 2023 FISU World University Games.

5.12 Sport Information Services

5.12.1 ONLINE SPORT INFORMATION SERVICES

Online information will be available on the Lake Placid 2023 FISU World University Games' official website: https://www.lakeplacid2023.com/.

In addition, more detailed information and publications for teams can be accessed under the following link: https://www.lakeplacid2023.com/delegation-services/publications/

5.12.2 SPORT INFORMATION CENTER (SIC)

The Sport Information Center is located at the Conference Center across from the main dining area.

The following services will be provided during the Lake Placid 2023 FISU World University Games:

- o Competition schedule
- o Training schedule
- o Technical meeting information
- o Distribution of daily sport results

The Sport Information Center will operate from 07:00-21:00, from 11-22 January 2023.



5.12.3 SPORT INFORMATION AT THE VENUE

A Sport Information Desk (SID) will be located at each venue, providing the most recent information related to the competitions and receiving requests from the team representative(s).

o The Sport Information Desk will operate from 13 January 2023 until the final day of competition in accordance with the competition and training schedules (one (1) hour before and after the events).

5.12.4 SPORT INFORMATION DISTRIBUTION

Information	Online	Venue	SIC	ITO Hotel
Competition Schedule	+	+	+	+
Start List/ Result List	+	+	+	+
Change to Schedule	+	+	+	+
Special Announcements	+	+	+	+
Weather Information	+	+	+	+
Medal Table	+			
Technical Handbook	+			
FISU Regulations	+			
Other Information		+	+	+
Answer to Team Questions		+	+	+

6. SERVICE INFORMATION

6.1 Accreditation

Accreditation can be obtained at the Welcome Center (Main Accreditation Center)

Location: Olympic Conference Center (OCN) (Third (3rd) Floor)

2634 Main Street Lake Placid, NY 12946 Operating Dates: 7-23 January 2023 Operating Times (subject to change):

• 7-14 January, 09:00 – 21:00

• 15-23 January, 09:00 – 15:00

IMPORTANT: A personalized accreditation card with a photo, name and function of the cardholder carries information about the access rights and privileges available to him/her. Upon



arrival, the accreditation card, equipped with a QR-code, enables members of delegations a 24-hour temporary access to the Lake Placid 2023 FISU World University Games venues in accordance with the access rights on the accreditation card. The temporary access does not allow participation in the competition. After CIC's approval, the accreditation card will be fully activated.

6.2 Radio Frequency Control

At all Lake Placid 2023 FISU World University Games venues, any use of frequencies (e.g., on walkie-talkies, radio stations, wireless cameras, Wi-Fi access points, wireless microphones, FM-transmitters and any other wireless equipment), will require a temporary radio license from the Organizing Committee (OC). All Delegations have been contacted separately regarding radio frequency license requests. If anyone has not received or responded to this communication, please contact delegations@lakeplacid2023.com immediately.

Every wireless device must be registered by the frequency-organizer before it may be used.

- o License-free*: wireless microphones and in-ear monitoring systems, frequency range: 470-694 MHz
- o License obligation: walkie-talkies (two (2)-way radio) and telemetry.

6.3 Insurance and Responsibilities

Participating countries must adhere to the insurance requirements and conditions as stipulated in Section 5.6 of the FISU Winter Games General Regulations for the Lake Placid 2023 FISU World University Games.

6.4 Transportation

6.4.1 TRANSPORTATION SYSTEM FOR ATHLETES AND TEAM OFFICIALS (TA)

Due to the proximity of the venue to the accommodations, all Speed Skating athletes will walk to training and competition.

Route Number	N/A (walking)				
Sport	Speed Skating				
Route	Hampton Inn to Olympic Center				
Distance to the Venue	.19 miles (.3 km)				
Time	5 min				

^{*} Only a limited number of shared frequencies are available. Registration is mandatory and such equipment will not have a dedicated channel.



6.4.2 TRANSPORTATION SERVICES FOR SPECTATING ATHLETES AND OFFICIALS

Scheduled buses are provided between Lake Placid and the competition venues for spectating athletes from 15-22 January 2023. Buses will operate in accordance with the competition schedule. All athletes and officials, regardless of their delegation and sport, will have access to the bus transportation system TS.

Detailed information will be available in the <u>Transportation Guide</u> for delegations.

6.5 Food and Beverages

Athlete dining will be on the second (2nd) floor of the Conference Center from 7-24 January 2023. The first meal will be provided on 7 January for lunch at 12:00. The last meal will be provided on 24 January until 10:30.

6.5.1 MEALTIMES

Breakfast: 06:30 to 10:30
Lunch: 11:00 to 16:00
Dinner: 17:00 to 22:30
Snack: 22:30 to 00:00

6.5.2 FNB SERVICES AT THE COMPETITION VENUES

An athletes' lounge will be providing snacks one (1) hour prior to the competition until one (1) hour after the competition. This service is provided from the start of the first official training.

6.6 Medical Services

6.6.1 CONDITIONS OF MEDICAL ASSISTANCE

- o During the Lake Placid 2023 FISU World University Games, in the event of life-threatening diseases and conditions or in any situations requiring urgent medical treatment, emergency medical assistance is provided to all client groups.
- o Immediate (except for emergency) and planned medical care is provided based on:
 - o an obligatory medical insurance agreement;
 - o a paid medical service agreement;
 - o a voluntary health insurance agreement.

6.6.2 MEDICAL SUPPORT STRUCTURE

- o Medical stations for athletes and spectators at the competition venues
- o Mobile medical crews in the Field of Play of the competition venues
- o Ambulance crews at the competition venues
- o Dedicated hospitals and specialized medical facilities



*Please refer to the Medical Services Guide for more details.

6.6.3 MEDICAL SUPPORT IN THE ACCOMMODATION SITES

Medical services will be offered at Adirondack Medical Center for all hotels in Lake Placid. Details can be found in the Medical Services Guide.

6.6.4 DEDICATED HOSPITALS AND SPECIALIZED MEDICAL FACILITIES

- o The Adirondack Medical Center is located at 203 Old Military Road, Lake Placid, NY 12946.
- o Phone number 518-523-3311

6.7 Weather and Climate

Lake Placid averages 102 inches (259 cm) inches of snow per year while the U.S. average is 28 inches (71.12 cm) of snow per year, with daily temperatures averaging 25°F to 1° F (-3°C to -17° C).

Weather information can be picked up at Sport Information Centers at each of the Villages as well as other locations, including on the Games website.

6.8 Insurance and Responsibilities

Participating countries must adhere to the insurance requirements and conditions as stipulated in Section 5.6 of the FISU Winter Games General Regulations for the Lake Placid 2023 FISU World University Games.

7. OC CONTACTS

Title	Email
Accreditation	accreditation@lakeplacid2023.com
Sport Entries	sportentries@lakeplacid2023.com
Delegation Services	delegations@lakeplacid2023.com
ITO Service Desk	itoservices@lakeplacid2023.com



8. APPENDICES

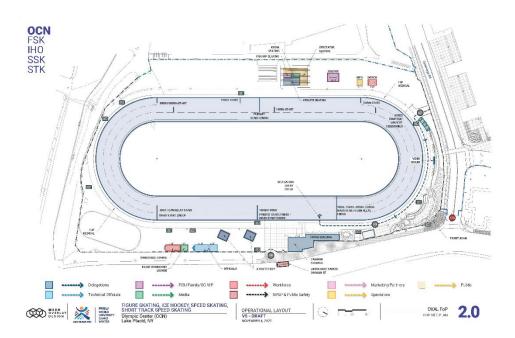
8.1 Lake Placid 2023 FISU World University Games Competition Schedule

		DAY-1	DAYO	DAY1	DAY2	DAY3	DAY4	DAYS	DAYS	DAY7	DAYS	DAY 9	DAY 10	
	ERSION 6 NOV 2022 "Subject to change Il end times are approximate	WED 11 January	THU 12 January	FRI 13 January	SAT 14 January	SUN 15 January	MON 16 January	TUE 17 January	WED 18 January	THU 19 January	FRI 20 January	SAT 21 January	SUN 22 January	MEDAL EVENTS
	CEREMONIES		Opening Ceremonies 19:00 - 20:30										Closing Ceremonies 19:30-20:00 Followed by Main Street Festivities	
Age.	ALPINE SKIING Whiteface Mountain (WFM)		Official free skiing on Super-G course 10:00-12:00	Super-G W/M 10:00 - 11:30 W 13:00 - 15:00 M	Alpine Combined W 9:30 - 11:00 SG 13:00 - 14:00 SL	Alpine Combined M 9:30 - 11:00 SG 13:00 - 14:00 SL	Reserve Day	Glant Slalom W 9:30 - 11:00 1st run 12:30 - 14:00 2nd run	Glant Slalom M 9:30 - 11:30 1st run 13:00 - 15:00 2nd run	Mixed Team Parallel 11:00 - 13:00	Slalom W 9:30 - 11:00 1st run 12:30 - 14:00 2nd run	Slalom M 9:30 - 11:30 1st run 13:00 - 15:00 2nd run	Reserve Day	,
ĕ	FREESTYLE & FREESKI Gore Mountain (GOM)				Official Training 10:00-12:00 Ski Cross	SIL Cross W/M 10:30-12:30 OT 13:00-14:00 Qualifications Official Training 10:00-12:00 Stopestyle	Ski Cross W/M 10:30-13:00 Round Robin 13:30 - 14:00 Finals Official Training 10:00-12:00 Slopestyle	Slopestyle W/M 10:00-12:00 Qualifications Ski Cross Reserve Day	Slopestyle W/M 10:00-11:30 Finals	Big Air W/M 10:00-12:00 Qualifications	Big Air W/M 10:00 - 12:00 Finals	Reserve Day		6
Á	SNOWBOARD Gore Mountain (GOM)	Official Training 10:00-12:00 Snowboard Cross W/M	Snowboard Cross W/M 10:30-12:30 OT 13:00-14:00 Qualifications	Snowboard Cross W/M 10:30-13:00 Round Robin 13:30-14:00 Finals	Reserve Day	Official Training 13:00-15:00 Slopestyle M/W	Official Training 13:00-15:00 Slopestyle M/W	Slopestyle W/M 13:00-15:00 Qualifications	Slopestyle W/M 13:00-15:00 Finals	Big Air W/M 13:30 - 15:00 Qualifications	Big Air W/M 13:00 - 15:00 Finals Unofficial Training PGS/PSL	W/M 10:00 - 11:00 Qualifications 13:00 - 14:30 Finals Reserve Day	Parallel Slalom W/M 10:00 - 11:00 Qualifications 13:00 - 14:30 Finals	10
Ĺ	BIATHLON Mt. Van Hoevenberg (MVH)	Open Training 11:00-13:00	Open Training 11:00-13:00	Official Training 12:15-14:00 M 14:15-16:00 W	Individual M/W 11:15-12:05 Zeroing M 12:15-13:30 15km M 13:45-14:35 Zeroing W 14:45-16:00 12.5km W	Official Training 12:45-14:30	Single Mixed Relay 13:15-13:45 Zeroing M/W 14:00-14:50 6km W+7.5km M	Official Training 13:00-14:30 M 15:00-16:30 W	Sprint M/W 12:00 - 12:50 Zeroing M 13:00 - 14:15 10km M 14:20 - 15:10 Zeroing W 15:20 - 16:35 7.5 km W	Pursuit M/W 13:00 - 13:30 Zeroing M 13:40 - 14:25 12.5km M 14:40 - 15:10 Zeroing W 15:20 - 16:05 10km W	Official Training 14:00 - 15:00 M 15:00 - 16:00 W	Mass Start M/W 13:00 - 13:30 Zeroing M 13:40 - 14:30 15 km M 14:45- 15:15 Zeroing W 15:35 - 16:10 12.5 km	Reserve Day	,
Ľ	CROSS-COUNTRY SKIING Mt. Van Hoevenberg (MVH)	Open Training 9:00-11:00	Official Training 9:00-11:00	Mixed Team Sprint [C] 8:00-8:55 Training 9:00-10:00 Semifinals 10:00-10:30 Finals	Official Training 9:00-11:00	Sprint W/M [F] 8:00-8:55 Training W/M 9:00-9:55 Qualifications W/M 11:00-12:30 Finals W/M	Official Training 9:00-11:30	Individual W/M [C] 8:00-8:55 Training W 9:00-10:00 Skm W 10:00-10:25 Training M 10:30 - 12:00 10km M	Pursuit W/M [F] 8:00-8:55 Training W 9:00-9:30 Skm W 9:30-10:10 Training M 10:15-11:00 10km M	Official Training 9:00-11:00	Relay W/M 8:00-8:55 Training W 9:00-10:00 3x5km W [CFF] 10:05-10:55 Training M 11:00-12:45 4x7.5km M [CCFF]	Official Training 9:00-12:00	Mass Start M/W 9:00-9:55 Training M 10:00-12:00 30km M [F] 12:00-12:55 Training W 13:00-14:00 15km W [F]	
Es.	NORDIC COMBINED Olympic Jumping Complex (OJC) Mt. Van Hoervenberg (MVH)	Official Training Ind. Gundersen W/M 13:00-15:30 SJPx3 18:00-19:30 CCS	Official Training Ind. Gundersen W/M 10:00-11:30 SJPx2 12:00-13:00 PCR 14:00-15:00 CCS	Individual Gundersen W/M 13:00-13:30 SJP Trial W/M 14:00-14:30 SJPx1 W/M 17:30-17:55 CCS OT M/W	Official Training 13:00-14:30 SJPx2 16:15-17:00 CCS	Mass Start W/M 15:00-15:30 CCS 5km W 16:00-16:40 CCS 10km M 19:00-19:30 SJP Trial W/M 20:00-20:30 SJPx1 W/M	Official Training 13:00-14:30 SJPs2 17:00-17:55 CCS	Team Sprint W/M 13:00-13:30 SJP Trial W/M 14:00-14:30 SJPx1 W/M 18:00-18:30 CCS 2x (3x1.5km) W 19:00-19:45 2x(4x1.5km).	Official Training 14:00-15:30 SJPx2 17:00-17:55 CCS	Mixed Team Nordic 12:00-12:45 SJP Trial 13:00-13:45 SJPx1 18:00 - 18:40 CCS 2x2.5km	Reserve Day			,
E	SKI JUMPING Olympic Jumping Complex (OJC)				Official Training 17:30-18:45 W (x3) 19:00-20:45 M (x3)	Official Training 11:00-12:15 W (x3) 12:30-14:15 M (x3)	Individual NH W/M 16:00-16:15 W Trial 17:00-18:00 W (x2) 19:00-19:30 M Trial 20:00-21:30 M (x2)	Official Training 17:00-20:00 (x3)	Mixed Team NH 17:00-17:30 Trial 18:00-19:30 Mixed Relay	Official Training 18:00-21:00 W/M (x3)	Team NH W/M 16:45-17:00 W Trial 17:30-18:20 W 19:00-19:30 M Trial 20:00-21:30 M	Reserve Day		,
<i>≫</i> .	CURLING Saranac Lake Civic Center (SLK) Wornen (USA, CAN, GBR, JPN, KOR, SUI, SWE, AUS, CHN, ESP) Men (USA, CAN, GBR, JPN, KOR, SUI, SWE, RRA, CZE, MOR)		Official Training 8:30-15:45	14:00-16:15 W1 19:00-21:15 M1	9:00-11:15 W2 14:00-16:15 M2 19:00-21:15 W3	9:00-11:15 M3 14:00-16:15 W4 19:00-21:15 M4	9:00-11:15 W5 14:00-16:15 M5 19:00-21:15 W6	9:00-11:15 M6 14:00-16:15 W7 19:00-21:15 M7	9:00-11:15 W8 14:00-16:15 M8 19:00-21:15 W9	9:00-11:15 M9 14:00-16:15 SF W 19:00-21:15 SF M	14:00-16:15 Bronze W 19:00-21:15 Bronze M	14:00-16:15 Gold M 19:00-21:15 Gold W		2
为	FIGURE SKATING Olympic Center (OCN)	Official Training 8:00-16:40	Official Training 7:00-15:40	Ice Dance 13:00-15:10 Rhythm Dance Men 17:00-22:00 Short	Women 13:00-18:10 Short Program Ice Dance 20:00-22:30 Free Dance	Men 13:00-16:50 Free Skating Women 19:00-22:50 Free Skating	Exhibition Gala 14:00-15:30							5
بغر	ICE HOCKEY (MEN) Q: Cheel Arena (CHA) Q: Roos House (ROH) Q: Mixery Hall (MAH) SF & F: Olympic Center (OCN)	13:00-15:15 HUN-SVK (1) 16:30-18:45 JPN-LAT (2) 20:00-22:15 GBR-USA (3)	13:00-15:15 KOR-KAS (5)	9:30-11:45 KAZ-HUN (7) 13:00-15:15 CAN-SWE (8) 16:30-18:45 CZE-JPN (9) 20:00-22:15 SVK-GBR (10)	13:00-15:15 LAT-UKR (11) 20:00-22:15 USA-KOR (12)	9:30-11:35 CAN-JPN (13) 13:00-15:15 CZE-LAT (14) 16:30-18:45 SVK-USA (15) 20:00-22:15 KAZ-GBR (16)	13:00-15:15 KOR-HUN (17) 16:30-18:45 KAZ-SVK (18) 20:00-22:15 UKR-SWE (19)	9:30-11:45 HUN-GBR (20) 13:00-15:15 LAT-CAN (21) 16:30-18:45 SWE-JPN (22)	9:30-11:45 USA-KAZ (23) 13:00-15:15 SVK-KOR (24) 16:30-18:45 CAN-CZE (25) 20:00-22:15 JPN-UKR (26)	9:30-11:45 USA-HUN (27) 13:00-15:15 GBR-KOR (28) 16:30-18:45 LAT-SWE (29) 20:00-22:15 CZE-UKR		9:35-12:00 Semifinal 1 (31) 13:05-15:30 Semifinal 2 (32)	11:05-13:30 Bronze (33) 17:10-19:30 Gold (34)	1
点	ICE HOCKEY (WOMEN) Q: Mascy Hall (MAH) SF & F: Olympic Center (DCN)	16:30-18:45 GBR-CZE (1) 20:00-22:15 SVK-CAN (2)			16:30-18:45 CZE-CAN (6) 20:00-22-15 GBR-SVK (7)	16:30-18:45 CAN-JPN (8) 20:00-22:15 USA-GBR (9)	16:30-18:45 USA-SVK (10) 20:00-22-15 JPN-CZE (11)	16:30-18:45 CAN-GBR (12) 20:00-22:15 SVK-CZE (13)	16:30-18:45 JPN-GBR (14) 20:00-22:15 CAN-USA (15)		14:35-17:05 Semifinal 1 (16) 20:05-22:30 Semifinal 2 (17)	17:05-19:30 Bronze (18) 20:35-23:00 Gold (19)		1
N'A	SHORT TRACK SPEED SKATING Olympic Center (OCN)						Unofficial Training 9:00-17:00	Unofficial Training 9:00-17:00	Official Training 8:00-16:00	1500m W/M 16:00-18:30 2000m Mixed Team Relay 19:30-20:30 Q	500m W/M 16:00-18:30 3000m W/S000m M Relay 19:00-19:50 Q 2000m Mixed Team Relay 20:10-20:40 Final	1000m W/M 16:00-19:00 3000m W/5000m M Relay 19:30-20:30 Final		,
Z.	SPEED SKATING Olympic Center Oval (OCN)		Unofficial Training 10:30-16:30	Official Training 10:30-16:30	Official Training 10:30-16:30	1000m W/M 10:00-11:40	3000m W/5000m M 10:00-12:35	1500m W/M 10:00-11:30	Team Pursuit W/M 10:00-11:20	500m W/M Mixed Team Relay 10:00-12:30	Mass Start W/M 10:00-11:05	Reserve Day		13
	MEDAL CEREMONIES			7	4	,	7	7	12	9	54	12	5	86



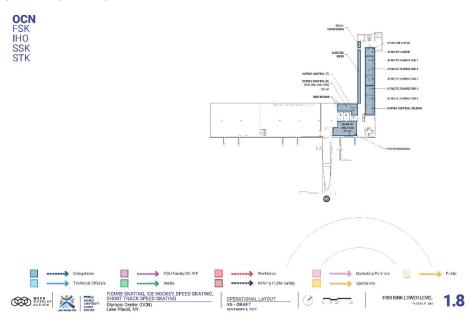
8.2 Venue Layouts



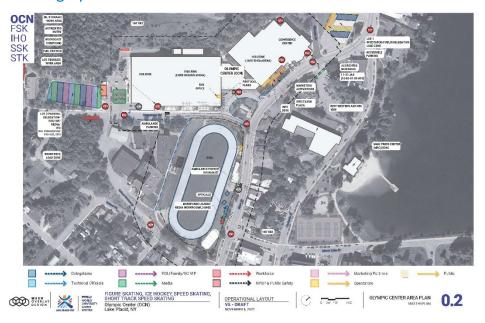




8.2.1 VENUE PLANS



8.3 Geographical Overview Venues





FISU WORLD UNIVERSITY GAMES WINTER