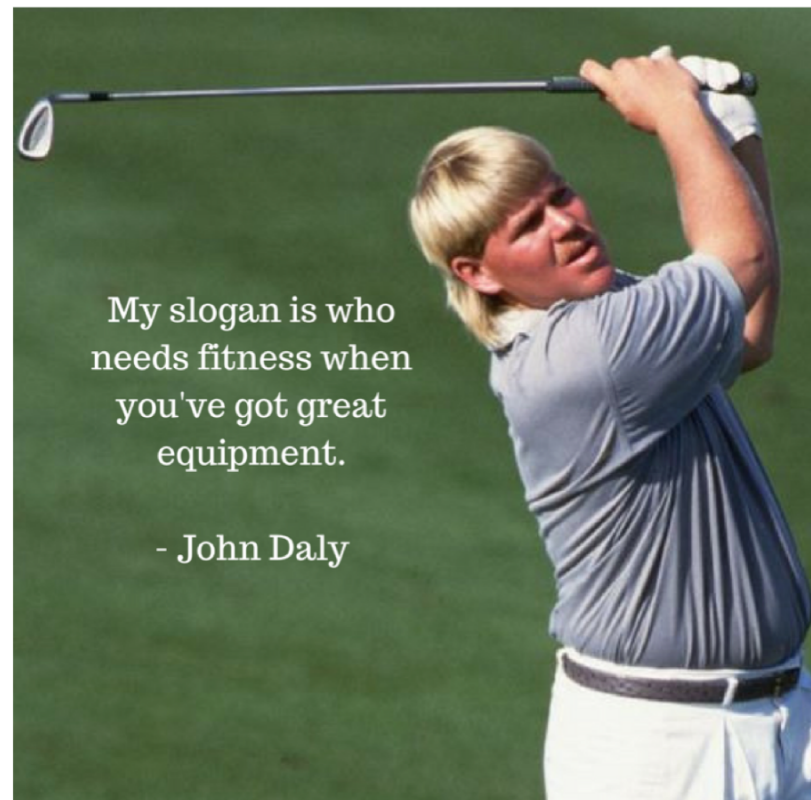




LEADING WITH AN ATHLETE MINDSET

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**WHAT DOES
LEADING WITH
AN ATHLETE
MINDSET
MEAN TO YOU?**



My slogan is who
needs fitness when
you've got great
equipment.

- John Daly

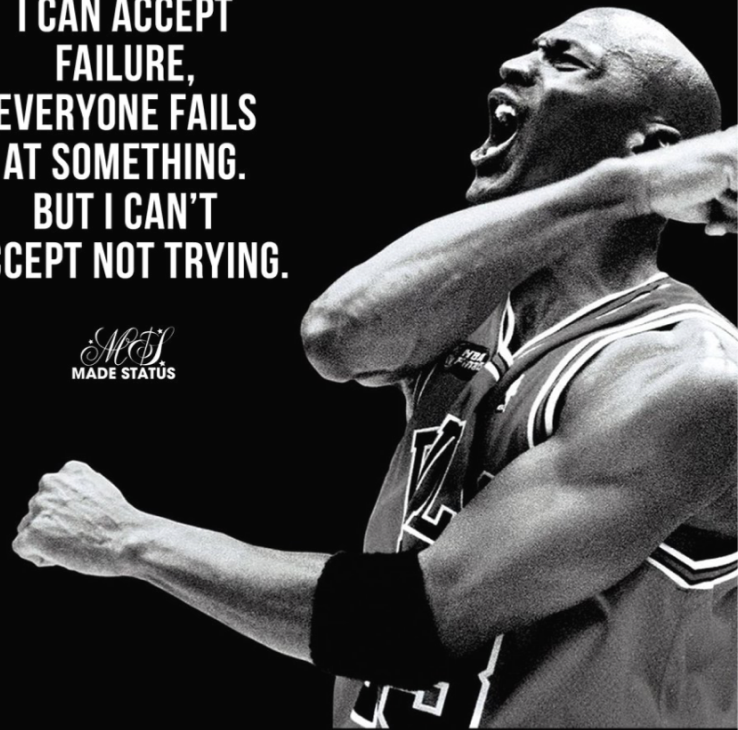
**WHAT DOES
LEADING WITH
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MEAN TO YOU?**



**WHAT DOES
LEADING WITH
AN ATHLETE
MINDSET
MEAN TO YOU?**

I CAN ACCEPT
FAILURE,
EVERYONE FAILS
AT SOMETHING.
BUT I CAN'T
ACCEPT NOT TRYING.

MS
MADE STATUS







GRATITUDE



FAIL FORWARD



***POSSIBLE VS.
IMPOSSIBLE***



YOUR TEAM

ABOUT MIKE...

- UBC OKANAGAN, BBA
- 10+ YEAR SKI CAREER
- NCCP L3 COMP-DEV
COACH & COURSE LF
- PERFORMANCE COACH
& CO-FOUNDER
[//HEADSTARTPRO.COM](http://HEADSTARTPRO.COM)



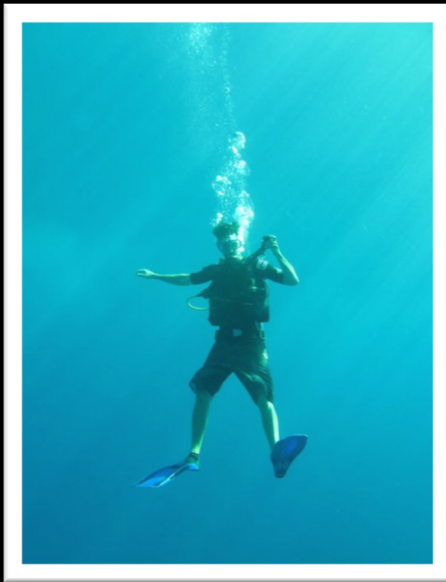
A man with a beard, wearing a dark button-down shirt and light-colored trousers, stands on a red circular carpet. Behind him is a large, illuminated sign that reads "TEDx Stanley Park". The sign features the word "TED" in red and "x Stanley Park" in white. To the right of the man is a wooden stump with a bottle and papers on it, surrounded by greenery. In the background, there are several tall, carved wooden poles with faces and figures. The stage is dark, and the background is a black curtain.

TEDx Stanley Park

TED TALK | GRIEF HAPPENS

VERNON, BC, CANADA

















KEYSTONE

2012-13
SEASON

























***HOW CAN YOU RELATE
TO MY STORY?***



GRATITUDE







1. ACTIVATE GRATITUDE

2. USE GRATITUDE TRIGGERS

3. CHOOSE YOUR ATTITUDE & EFFORT



FAIL FORWARD





May 2015
Niagara Falls Ontario



CONGRATULATIONS Mike

Wings for Life World Run 2017
successfully finished



6.8 KM DISTANCE



0:57:09 TIME



VANCOUVER



8'25" PACE



Wings for Life World Run 2018
successfully finished

12.47 km
DISTANCE

01:19:55
TIME

6' 24"
PACE



1. LIVE AT YOUR EDGE

2. THE CHALLENGE IS THE WAY

3. CHOOSE PROGRESS/PERFORMANCE



POSSIBLE VS. IMPOSSIBLE

A black and white photograph of a person with dreadlocks performing a pull-up on a gym bar. The person is wearing a dark t-shirt and camouflage-patterned pants. The image is overlaid with three text boxes: a large black box at the top with the question 'WHERE ARE YOU ON THE SPECTRUM?', a red box in the middle with 'POSSIBLE VS. IMPOSSIBLE', and two black boxes at the bottom with 'GROWTH MINDSET' and 'FIXED MINDSET' respectively.

***WHERE ARE YOU ON THE
SPECTRUM?***

POSSIBLE VS. IMPOSSIBLE

***GROWTH
MINDSET***

***FIXED
MINDSET***









EMPOWER YOUR TEAM



***AVOID BEING SO
PERFORMANCE-FOCUSED
THAT YOU MISS OUT ON
THEIR PROGRESS.***



***IMPRESSIVE
ORGANIZATIONS ARE
MADE UP OF IMPRESSIVE
INDIVIDUALS.***



***“WE ALL HAVE IT WITHIN
OURSELVES TO PUSH
THROUGH.”***





**ACTIVATE
GRATITUDE**



FAIL FORWARD



**POSSIBLE VS.
IMPOSSIBLE**



**EMPOWER
YOUR TEAM**



THANK YOU

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