



2019

WOMEN'S RUGBY

NATIONAL

CHAMPIONSHIP

INFORMATION BULLETIN



RUGBY

SECTION 1: GENERAL INFORMATION

1. ORGANIZING COMMITTEE

Address: University of Ottawa, 125 University Private, Ottawa, ON K1N6N5
Fax: (613) 562-5318
Phone: (613) 562-5800
E-mail: See Below
Web Site: www.geegees.ca

NOTE: Key contact info and names, along with cell numbers, will be provided with the accreditation badge.

Position	Name	Telephone	E-mail
Convenor / Athletic Director	Susan Hylland	(613) 562-5800 x4336 (343) 998- 8616	shylland@uottawa.ca
Sport Technical / Officials	Danika Smith	(613) 562-5800 x2476 (613) 462-8951	Danika.smith@uottawa.ca
Planning/U SPORTS Basecamp	Lenny Sabourin	(613) 562-5800 x4346 (613) 882- 0670	lsabouri@uottawa.ca
Hospitality / Team Services	Richard Verreault	(613) 562-5800 x4342 (819) 923-5191	rverreau@uottawa.ca
Finance / Admin	Lucie Laroche	(613) 562-5800 x4339	llaroche@uottawa.ca
Game Day Events	Jean-Francois Blondin	(613) 562-5800 x4337 (613) 853-8048	jblondin@uottawa.ca
Communications / Sports Info	Spencer Murdock	(343) 966.2272	smurdock@uottawa.ca
Services / Accreditation / Tickets	Colin Timm	(613) 562-5800 x4379 (613) 884-0466	ctimm@uottawa.ca
Ticketing / Accreditation	Tsenat Hadgu	(613)562-5800 x8141	thadgu@uottawa.ca
Facilities Operations	Jean-Francois Duval	(613) 562-5800 x2840 (613) 462-8214	jduval@uottawa.ca
Medical Staff	Crissy McPhee	613-564-3950 x325 (613) 262-1206	cmcphee@uohs.uottawa.ca
Volunteers	Monique Boucher	(613) 562-5800 x3030	Monique.Boucher@uottawa.ca
ACA Gala	Bianca Lapensée	(514) 475- 9733	blapense@uottawa.ca
Marketing / Promotions	Serge-Olivier Therriault	(613) 562-5800 x1570	
U Sports Manager, National Champs	Scott Ring	905-508-3000 ex. 244 416-553-6121	sring@usports.ca



2. SCHEDULE OF EVENTS

**All times are local*

Tuesday, October 29th	
10:00 – 18:00	Team practices – Matt Anthony Field
19:00	Coaches technical meeting – Holiday Inn Ottawa East
19:00	Medical meeting – Holiday Inn Ottawa East
20:00	Officials meeting – Courtyard Ottawa Downtown
Wednesday, October 30th	
11:00	Quarter Final #1 – Matt Anthony Field/ School day game
14:00	Quarter Final #2 – Matt Anthony Field
17:00	Quarter Final #3 – Matt Anthony Field
18:45	Opening Ceremony – Matt Anthony Field
19:15	VIP Opening Reception
19:30	Quarter Final #4 – Matt Anthony Field
Thursday, October 31st	
8:00 – 16:00	Team practices - Matt Anthony Field
17:00	All Canadians award banquet – Sala San Marco
Friday, November 1st	
11:00	Consolation Semi Final #1 – Matt Anthony Field/School day game
14:00	Consolation Semi Final #2 – Matt Anthony Field
17:00	Championship Semifinals #1 – Matt Anthony Field
17:30 – 18:30	Women in U SPORTS panel – Minto Sports Complex
19:30	Championship Semifinals #2 – Matt Anthony Field
Saturday, November 2nd	
9:00 – 15:00	Team practices - Matt Anthony Field
15:15 – 20:00	Recruiting Showcase – Matt Anthony Field/Minto Sports Complex
19:00	Alumni Game – Matt Anthony Field
20:00 – 22:00	Coaches association meeting – Holiday Inn Ottawa East
Sunday, November 3rd	
10:00	Consolation Final (5 vs 6) – Matt Anthony Field
12:30	Bronze Medal Game – Matt Anthony Field
15:30	Gold Medal Game – Matt Anthony Field
17:30	Awards Ceremony – Matt Anthony Field
18:30	Post Tournament Celebration/All teams invited – Father and Sons, 112 Osgoode st



3. COMPETITION SCHEDULE

All games will be held at **Matt Anthony Field, 801 King Edward ave.**

Wednesday, October 30th	
11:00	Quarter Final #1 – Matt Anthony Field
14:00	Quarter Final #2 – Matt Anthony Field
17:00	Quarter Final #3 – Matt Anthony Field
18:45	Opening Ceremony – Matt Anthony Field
19:30	Quarter Final #4 – Matt Anthony Field
Friday, November 1st	
11:00	Consolation Semi Final #1 – Matt Anthony Field
14:00	Consolation Semi Final #2 – Matt Anthony Field
17:00	Championship Semifinals #1 – Matt Anthony Field
19:30	Championship Semifinals #2 – Matt Anthony Field
Sunday, November 3rd	
10:00	Consolation Final (5 vs 6) – Matt Anthony Field
12:30	Bronze Medal Game – Matt Anthony Field
15:30	Gold Medal Game – Matt Anthony Field
17:30	Awards Ceremony – Matt Anthony Field

4. PRACTICE SCHEDULE

Thursday, October 29th	
10:00 – 18:00	Team practices – Matt Anthony Field
Thursday, October 31st	
8:00 – 16:00	Team practices – Matt Anthony Field
Saturday, November 2nd	
9:00 – 15:00	Team practices – Matt Anthony Field



SECTION 2

PARTICIPATING TEAMS

INFORMATION

1. ANCILLARY EVENTS

A. ALL CANADIAN AWARDS CEREMONY

Date: Thursday, October 31st
Site: Sala San Marco, 215 Preston Street
Cost: \$70
Schedule: 17:00 cocktails/17:30 Dinner
Dress: Business Casual
Additional Tickets: \$90
Distance from Hotel: 7km

R.S.V.P. before: 9:00 EST, Monday October 28th, 2019

Participating Teams will receive up to 35 tickets (30 team + 5 VIP) to the Gala at the regular cost of \$70. Teams requesting additional tickets over and above their allotment of 35 will be charged \$90 per ticket.

Free tickets are provided to the non-participating All-Canadians and major award nominees (includes winners). Universities with award nominees/winners must confirm their athlete(s) attendance by contacting **Bianca Lapensée** at blapense@uottawa.ca by **9am EST, Monday October 28th, 2019**.

Tickets will be provided to non-participating head coaches in attendance at a cost of \$70.00 each. Please contact to confirm attendance.

B. RECRUITING SHOWCASE

Date: Saturday, November 2nd
Site: Matt Anthony Field
Schedule: 15:15 – 20:00

NEW! As part of the championship, we are organizing a recruiting showcase for women's rugby athletes (ages 15-18) to give them the opportunity to demonstrate their skills and abilities to U SPORTS coaches. We would like to invite a member of your coaching staff to attend the showcase as a representative of your school. The showcase will take place on Saturday, November 2nd at Matt Anthony Field from 4-8pm. Please be sure to RSVP to Andrea Bailie (abailie@uottawa.ca).



2. MEETINGS

A. COACHES TECHNICAL MEETING

Date: Tuesday, October 29th
Time: 19:00 – 21:00
Location: Holiday Inn Ottawa East
Room: Hudson room
Key Contact for questions: Scott Ring (sring@usports.ca, 416-553-6121)

B. MEDICAL MEETING

Date: Tuesday, October 29th
Time: 19:00 – 20:00
Location: Holiday Inn Ottawa East
Room: Frobisher Room
Key Contact for questions: Crissy McPhee, uOttawa Head Athletic Therapist, cmcphee@uohs.uottawa.ca, (613) 262-1206.

C. OFFICIALS TECHNICAL MEETING

Date: Tuesday, October 29th
Time: 20:00 – 22:00
Location: Courtyard by Marriott Ottawa Downtown
Room: TBA
Key Contact for questions: Scott Ring (sring@usports.ca, 416-553-6121)

D. COACHES ASSOCIATION ANNUAL MEETING

Date: Saturday, November 2nd
Time: 20:00 – 22:00
Location: Holiday Inn Ottawa East
Room: Hudson Room
Key Contact for questions: Colette McAuley (cmcauley@uoguelph.ca)

3. MEDIA INFORMATION

A. MEDIA ACCREDITATION –

For any media accreditation requirement or questions, please contact Spencer Murdock at smurdock@uottawa.ca.

B. MEDIA SERVICES

For any media services requirement or questions, please contact Spencer Murdock at smurdock@uottawa.ca.



4. CHAMPIONSHIP HOTEL

U SPORTS policy 20.40.3.4.1:

All participating teams and team personnel attending a U SPORTS Championship requiring accommodation must stay at the U SPORTS Championship designated host hotel.

Please make your hotel reservations directly by contacting:

Host Hotel: Holiday Inn Ottawa East

Address: 1199 Joseph Cyr Street, Ottawa, ON K1J7T4
Phone: Reservations 613-842-5622/Hotel Direct (613) 722-7600
Email: sales@hiottawaeast.com
Contact person: Emmanuel Thorkelson
Rate: \$165 per room, includes hot buffet breakfast for two
Facilities: Meeting rooms will be available for the teams in one hour increments starting Tuesday, October 29th and will be bookable via sign up sheet at the hotel property

Distance from Competition Site: 4km

- Rate of \$165 per room, includes hot buffet breakfast for two
- Meeting rooms will be available for the teams in one hour increments starting Tuesday, October 29th and will be bookable via sign up sheet at the hotel property

5. TRANSPORTATION

A. TRAVEL TO THE CHAMPIONSHIP

Teams are required to book their own transportation. Please reference the information below. Kindly forward your finalized **TRAVEL PLANS** to Richard Verreault (rverreau@uottawa.ca).

B. ON-SITE TRANSPORTATION

CAR/VAN RENTAL

Enterprise rent a car/Ottawa International Airport

Enterprise will secure mini-van at the Airport location, those can be booked via the following link -

https://www.enterpriserentacar.ca/car_rental/deeplinkmap.do?bid=028&refId=UOTTAWA

[A](#)

BUS TRANSPORTATION

Leduc Bus Lines

Contact: Marc Savage

Phone: 613-446-0606

Email: savage@leducbus.com



Of note, drop off area for the teams traveling by bus will be the roundabout area at 801 King Edward.

Participating teams utilizing our preferred transportation suppliers will receive a \$500 credit post tournament.

OFFICIALS / VIPs

Accredited Officials and VIPs will have access to Event Partner “**ecoRIDES**”. Transportation can be ordered by calling: 819-923-5191. Pick up will be within 15 minutes.

6. TEAM REGISTRATION AND ACCREDITATION

A. TEAM ACCREDITATIONS

There will be **ACCREDITATION/TEAM WELCOME PACKAGES** (minimum team complement) pick up at the hotel beginning Tuesday, October 29th.

Specific invites will be sent by U SPORTS to participating team's University Presidents and Athletic Directors. A maximum of five (5) VIP Passes will be provided to participating teams, including the President and Athletic Director. These can be picked up at a reception desk location TBA.

Non-participating team Award Winners will receive accreditation.

Invites will also be sent by U SPORTS to non-participating University Presidents, Athletic Directors and Head Coaches. A maximum of 3 accreditations are available to non-participating teams VIPs including the above.

Any additional accreditation passes for participating or non-participating teams must be requested in advance of the championship at a rate of \$20 per accreditation.

Please complete the accreditation order form available in the bulletin by Monday, October 28th, noon EST.

7. TEAM SERVICES

A. UOTTAWA DINING HALL

In addition to the breakfast provided at the hotel, we encourage you to use uOttawa's 24/7 Dining Hall. The University boasts a state of the art, 24/7 all you can eat Dining Hall, offering a wide variety of food options, including vegetarian, vegan, halal and much more. Additional information is available here <https://foodservices.uottawa.ca/dininghall>.

Additional vouchers can be ordered in advance by contacting Kim Sauve at ksauve@uottawa.ca



B. TEAM MEETING ROOM

Team meeting rooms will be available at the host hotel starting October 29th in one hour increments via a sign-up sheet. **Please note that outside food is not permitted in the meeting room.**

8. SPONSORSHIP

A. U SPORTS SPONSORS

We encourage hosts and participating teams to help grow these important partnerships.

See Architecture below.



U SPORTS NATIONAL PARTNERS – PARTENAIRES NATIONAUX U SPORTS

Suppliers – Fournisseurs



Media Partners – Partenaires médiatiques



Supporters – Partisans



Funding partners – Partenaires financiers



B. EVENT SPONSORS - Please support our Event Sponsors

- Presenting: University of Ottawa
- Premier: Chartwell's, Gabriels Pizza, Ottawa Tourism (Grant)
- Major: Ottawa Community Foundation (Grant), The Draft Pub, Rogers TV, Clif Bars, LDO, Enterprise Rent a Car, Kinemedics
- Minor: Yuk Yuks, Field Turf
- Community: Kinetic Solutions, Ashbury, ecoRides, Holiday Inn Ottawa East



9. TECHNICAL INFORMATION

A. VENUE

Competition Site – Matt Anthony Field, 801 King Edward Ave.	
Playing Dimensions:	59.44m x 118.87m
Lighting:	Yes
Scoreboard:	Yes
Floor/Field:	Synthetic Field (Field Turf)
Seating Capacity:	1000
Team Rooms:	Yes
Videoboard:	No
Parking:	Yes

B. EQUIPMENT

Gilbert Revolution X Match game ball, size #5

C. UNIFORM LAUNDRY

Laundry services will be provided onsite at the venue. Team will need to drop off their laundry a maximum of one hour after their practice or game. Clean uniforms will be available in the team rooms as they arrive for their next event. Any questions pertaining to laundry can be forwarded to Jean-Francois Duval at jduval@uottawa.ca

10. MEDICAL SERVICES

Crissy McPhee (cmcphee@uohs.uottawa.ca, (613) 262-1206) will send detailed medical information to the Head Therapists once teams are confirmed.

A recovery room, sponsored by Kinemedics, will be available throughout the tournament. It will be open starting mid-way through the first practice or game of the day and will be open 45 mins past the last practice or game of the day.

The room will include bikes, stretching mats and cords, anti-gravity chairs, performance recovery pumps, foam rollers, lacrosse balls, sticks & open treatment tables.

This is also where there will be an RMT (Thurs and Fri) on site as well as a chiro (days TBC). Sign up for these treatment options will be in the recovery room itself.



11. HOSPITALITY ROOMS

There will be a **VIP Opening Reception** on Wednesday, October 30th from 19:15 to 21:30 in the mezzanine, 2nd floor of the Minto Sports Complex.

A VIP Lounge/Coaches area will be available throughout the tournament starting October 30th at the Minto Sports Complex.

A Coaches Hospitality Lounge (for participating and non-participating teams) will be set up at the Holiday Inn Host Hotel in the Reza Room, from 21:00 – 24:00

12. ATHLETE TRAINING TABLE

Post Game snacks and beverages will be provided to teams in their locker room after Games.

13. FORMS

Please complete the two required forms attached to this Bulletin to help us with final details in our planning:

- Participating Teams - Championship Accreditation Form
- Non-Participating Teams – VIPs, Coaches and Award Winners – Championship Accreditation Form and Confirmation of Attendance at Events/Games/Coaches meeting (one form to be completed for each person)
- Please ensure your travel details are provided to Richard Verreault via email at rverreault@uottawa.ca.

All forms are to be submitted to Richard Verreault (rverreault@uottawa.ca) by Monday, October 28th Noon EST. Should you have any questions, please contact Richard at 613-562-5800 x4342 or 819-923-5191.



SECTION 3

THE FANS CORNER

1. CITY GUIDE

A. ABOUT THE CITY

Ottawa is Canada's capital, in the east of southern Ontario, near the city of Montréal and the U.S. border. Sitting on the Ottawa River, it has at its centre Parliament Hill, with grand Victorian architecture and museums such as the National Gallery of Canada, with noted collections of indigenous and other Canadian art. The park-lined Rideau Canal is filled with boats in summer and ice-skaters in winter.

B. ATTRACTIONS

Name	Location	Distance from venue	Type	Comments
Parliament Hill	111 Wellington street	3km	History	Group tours can be arranged
CF Rideau Centre	50 Rideau st	2km	Shopping center/dining	
Museum of Nature	240 McLeod st	3km	Museum	
Canadian War Museum	1 Vimy Place	5km	Museum	

C. RESTAURANTS & BARS

Name	Location	Distance from venue	Type	Comments
Father and Sons	112 Osgoode st.	500m	Family	
U Ottawa dining Hall	85 University pvt	1km	All you care to eat	
Lone Star	128 George st	1.5km	Family/Tex-Mex	
Tucker's Marketplace	61 York st	1.5km	Buffet	

2. FAMILY & FRIENDS ACCOMMODATIONS

Family and Friends Hotel: The Carleton Suite Hotel

Address: 161 Laurier avenue West, Ottawa, ON K1P 5J2

Phone: Reservations 613-231-2020

Email: salescoordinator@carletonsuitehotel.com

Contact person: David Manias

Rate: \$179 per room plus taxes. One bedroom suite with two queen beds. Breakfast included.

Distance from Competition Site: 3km



3. TICKETING INFORMATION

Full Tournament Pass

Adults (18+)	\$35
Alumni/Senior	\$30
U Ottawa Students/ Youths	\$25

Daily tickets

Adults (18+)	\$14
Alumni/Senior	\$12
U Ottawa Students/ Youths	\$8

Tickets available now at <http://billets.geegees.ca>

If you have any questions, please do not hesitate to contact Tsenat Hadgu, at 613-562-5800 x8141.

4. ON-SITE FAN INFORMATION

A. ACCESS & PARKING

Parking will be free for all spectators during the Rugby Nationals. The parking lot Mann located at the Minto Sports Complex (801 King Edward) will be the primary parking location for all spectators. Parking lot G3 and G4 located at 200 Lees avenue will be available as an overflow option for the 17:00 on October 30th and November 1st. We suggest you arrive early for the 17:00 games due to traffic congestion in the surrounding area.

B. CONCESSIONS

The Minto Sports Complex boasts an onsite restaurant, the Draft (<http://thedraftpub.com/>). The restaurant will be open as of 11am for the entire Championship. Concessions with food and drink options will also be available during game days.

