

2022



CROSS COUNTRY

INFORMATION BULLETIN #1



SECTION 1: GENERAL INFORMATION

1. ORGANIZING COMMITTEE

Address: Dalhousie University
6260 South Street
Halifax
Nova Scotia, B3H 4R2

Website: daltigers.ca

Saint Mary's University
920 Tower Road
Halifax
Nova Scotia, B3H 3C3

smuhuskies.ca

POSITION	Name	Telephone	Email
Committee Co-Chairs	Tim Maloney	902 494-3752	tim.maloney@dal.ca
	Scott Gray	902 420-5427	scott.gray@smu.ca
Finance	Greg Knight	902 491-6553	greg.knight@smu.ca
Meet Director/Results	Jonathan Peverill	902 293-9506	jonathan.peverill@smu.ca
Communications/Media	Angela Barrett-Jewers	902 494-2137	abarrett@dal.ca
Medical Services	TBD		
All-Canadian Awards	Angela Barrett-Jewers	902 494-2137	abarrett@dal.ca
Championship Breakfast	Chelsea Norris	902 494-4502	Chelsea.norris@dal.ca
Transportation	Greg Knight	902 491-6553	greg.knight@smu.ca
U SPORTS Dir. of Sport	Mark Alfano	905 517-7887	malfano@usports.ca

2. SCHEDULE OF EVENTS

** All times are local*

Friday, November 11

9:00-10:30am	Championship Breakfast (Westin Nova Scotian Hotel)
10:30-11:30 am	Technical meeting (Westin Nova Scotian Hotel)
11:30am-12:30pm	Coaches Association meeting (Westin Nova Scotian Hotel)
1:00-4:00 pm	Practice and review of course (The Links at Brunello Golf Course)

Saturday, November 12

11:00 am - 12:30 pm	Arrival of teams at course/Warm-up (The Links at Brunello Golf Course)
1:00 pm	Women's race – 8 km
2:15 pm	Men's race – 8 km
Following the races	Championship awards ceremonies

3. COMPETITON SCHEDULE

Saturday, November 12

1:00 pm	Women's race – 8 km
2:15 pm	Men's race – 8 km

4. PRACTICE SCHEDULE

Friday, November 11

1:00-4:00pm	The Links at Brunello Golf Course
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Saturday, November 12

11:00am-12:30pm	The Links at Brunello Golf Course
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SECTION 2

PARTICIPATING TEAMS

INFORMATION

5. ANCILLARY EVENTS

5.1 ALL CANADIAN AWARDS CEREMONY

Championship Breakfast to be held Friday, November 11 at 9am at the Westin Nova Scotian.

*** Additional Information to come in next bulletin ***

6. MEETINGS

6.1 Technical Meeting

Date: Friday November 11
Time: 10:30-11:30am
Location: Westin Nova Scotian Hotel - Room TBD

6.2 Coaches Association Meeting

Date: Friday November 11
Time: 11:30am-12:30pm
Location: Westin Nova Scotian Hotel - Room TBD

7. MEDIA INFORMATION

PRE-CHAMPIONSHIP MEDIA CONFERENCE

*** Information to come in next bulletin ***

8. CHAMPIONSHIP HOTEL

U SPORTS policy 20.40.3.4.1:

All participating teams and team personnel attending a U SPORTS Championship requiring accommodation must stay at the U SPORTS Championship designated host hotel.

Host Hotel A: The Westin Nova Scotian
Address: 1181 Hollis St, Halifax, NS B3H 2P6
Telephone: 1-902-421-1000
Website: www.thewestinnovascotian.com

Room prices:

Room	1 King bed	2 double beds
Standard	\$129 + tax	Sold out

Reservations: Megan Patriquin 1 902 498-3502

Parking: Parking is not included in the room price.

Distance to competition site: 15.3 km (approximately 25 minutes)

NOTE: Room rates and availability are not guaranteed after October 22, 2022

Host Hotel B: Atlantica Hotel Halifax
Address: 1980 Robie Street at Quinpool Road, Halifax, NS B3H 3G5
Telephone: 1-902-423-1161
Website: www.atlanticahotelhalifax.com

Room prices:

Room	1 King bed	2 double beds
Standard	\$145 + tax	\$145 + tax

Reservations: Sheila Burgess 1 902 490-3353 sburgess@atlanticalhalifax.com

Parking: Parking is not included in the room price. \$23 + HST in the underground parkade per day.

Distance to competition site: 13.1 km (approximately 20 minutes)

NOTE: Room rates and availability are not guaranteed after October 22, 2022


9. CAR RENTALS / SHUTTLE SERVICES

The Westin Nova Scotian and the Atlantica Hotel Halifax are located in downtown Halifax and approximately 30-40 minutes away from the Halifax Stanfield International Airport. The cost of a tax ride from the Airport to downtown Halifax is approximately \$70.

There is NO shuttle service from the airport to the hotel

The host committee is pleased to provide bus shuttle service to and from The Westin Nova Scotian (location of Championship Breakfast, technical and coaches association meetings), the Atlantica Hotel Halifax and the Championship course (The Links at Brunello Golf Course) on Friday and Saturday of the Championships. A hospitality fee of \$25 will be assessed per person for the service.

If you require a vehicle during your stay in Halifax, we recommend the following rental agencies.

Rental agencies	Telephone/website
	1 800 879-2847 www.avis.com
	1 800 268-8900 www.budget.ca
	1 800 654-3131 www.hertz.com
	1 844 307-8008 www.enterprise.ca

10. TEAM REGISTRATION & ACCREDITATIONS

To complete your team registration, please complete the approved U SPORTS Excel file (including the first name, last name, and year of eligibility of each student-athlete) and submit it by email to Jonathan Peverill (jonathan.peverill@smu.ca) no later than noon EDT on October 31, 2022.

Please send your travel plans to Greg Knight (greg.knight@smu.ca). Teams will be met at the hotel.

11. SPONSORS

11.1 Local Sponsor of the Championship - TBA

11.2 U SPORTS National Championship sponsors

12. TECHNICAL INFORMATION

12.1 VENUE:

The competition will be held on the Links at Brunello, a golf course located 25 minutes from downtown Halifax. 120 Brunello Blvd., Timberlea, NS B3T 2J6

The race will occur on a 2-km loop on a grass surface with some carpeted transitions back to grass.

Parking is available onsite in the parking lot.

Teams will be responsible for their own tents.

Course map to be included in Bulletin #2

12.2 BUS PARKING:

Limited parking available for buses

12.3 EQUIPMENT

Electronic timing via Atlantic Chip will be used and must be worn by each student-athlete during the race.

12.4 MEDICAL SERVICES AND THERAPY

ON-SITE:

Sports therapists will be on-site for the competition on Saturday, November 12. Please bring your therapy tape.

Doping control tests administered by the CCES will take place at Championship course in the pavilion.

12.5 TICKETS

There is no cost for spectators to attend the races.

13. ATHLETE AND TEAM PROFILES

Participating universities must submit the following promotional items to the U SPORTS dropbox no later than **October 28, 2022**. Please note that it would be appreciated that information be forwarded in advance of the deadline:

- Standardized roster (Excel file) of your participating student-athletes ONLY (must include: name, height, eligibility year, hometown, program)
- Pronunciation guide for players participating in championship (if possible, it can be included in the roster)
- Team logo (.eps format AND .jpeg)
- Team photo (high res) – include with conference championship banner if applicable
- Head and shoulder shots of all participating athletes and head coach (high res)
- Action shots of participating athletes (min. 300 dpi)
- Note: All photos must have a resolution of 300 dpi or greater.

A sports information bulletin will be circulated to all universities in October.

In a Word file, please include these items:

- Bullet points of highlights from your season
- Athletes to watch (flag 1 or 2 for commentators with any relevant notes)
- If applicable: List any national team athletes
- If applicable: Please add any relevant notes about your athletes for commentators (sport related or human interest stories)
- If applicable: 1 or 2 names of most prominent alumni (can be still in sport or other areas)
- Head coach bio (really short! No need for much)
- Team contact during championship (full name, cell number and email)
- Team Twitter and Instagram handle (ex. @USPORTSca)
- Team or School hashtag (ex. #ChaseTheGlory or #ViserHaut)