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University of Victoria

**Medical Services**

**Information 2022/23**

TO: **University Head Therapist**

**Visiting Teams USport Women’s Rugby Nationals**

FROM: Traci Vander Byl, Head Athletic Therapist, UVic Vikes

DATE: Oct 20, 2022

RE: 2022 USport Women’s Rugby Medical Services to Visiting Teams

The following information will clarify the medical and therapy services available during your visit to the University of Victoria. Should you have any questions, please do not hesitate to contact me. Good luck to everyone!

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| **COVID-19 and communicable disease plans** | * UVic Varsity COVID 19 recommendations and understanding can be found at: <https://govikesgo.com/sports/2020/10/1/covid-recommendation.aspx>
* UVic Communicable Disease Plan can be found at: <https://www.uvic.ca/ohse/returntocampus/communicable-disease-plan/index.php>
* Dr. Steve Martin can assist with advising on illness related situations for visiting teams and can be reached at semartin@uvic.ca or 250-886-8147
* Traci Vander Byl can assist with any arrangements needing to be made regarding ill staff or athletes while in Victoria. 250-588-1902 or vikesat@uvic.ca
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| **Field****Services Provided** | * The host therapist/student therapist will discuss the appropriate emergency action protocol with the visiting medical staff prior to competition time. EAPs for the main competition pitches are included at the end of this document.
* The host sports physician, host athletic therapist and student athletic therapist will be on site for all games.
* The host sports physician will be **on call** for the duration of the Championship. Visiting athletes MUST have provincial health care information prior to accessing physician services. This does not include urgent or emergent care.
* If you do not have a therapist travelling with your team, arrangements can be made for a designated student therapist assigned to your team. Please make arrangements at least **5 days prior** to the team’s arrival. An appropriate fee will be charged regardless of whether medical services are utilized or not.
* All supplies must be provided by the visiting team or a charge back of supplies used will apply.
* Non-emergency transport will be the responsibility of the visiting team.
* All athletes must travel with provincial health card or emergency medical insurance information.
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| **Emergency Equipment** | * The host therapist will review the emergency supplies and their location prior to each game. Available supplies include:
* Emergency telephone
* AED
* Oxygen
* Coolers with ice & ice bags
* Crutches
* Splints
* Spine board & accessories
* Water
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| **Clinic** | * The UVIC Sports Therapy Clinic is available to licensed / certified professionals traveling with a team. Please contact the Head Athletic Therapist to make arrangements prior to your arrival. It is located on the ground level of CARSA, room B165.
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| **Physician** | * UVic Health and Wellness Centre on UVic campus is open 8:30-4:30 Monday to Friday. Please call ahead.
* **Dr. Steven Martin** is the host Sports Physician with weekly office hours in the CARSA Sports Injury Clinic.

**250-472-4057 (clinic phone) or semartin@uvic.ca*** Contact the host therapist if assistance/referral is needed.
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| **Injury Communication**  | * Host medical staff will complete an injury report form for any injured athlete reviewed at the competition.
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| **Hospitals/Clinics** | **Royal Jubilee Hospital:**1900 Fort St., Phone # 250-721-7599**Victoria General Hospital:** 1 Hospital Way, V8Z 6R5, Phone # 250-727-4212**Gordon Head Walk in Clinic:** 1595 McKenzie Avenue, Phone # 250-477-4777  |
| **Pharmacy** | **Shopper’s Drug Mart:** Hillside Shopping Center, 1644 Hillside AveVictoria, BC, V8T 2C5 (Hillside Ave and Shelbourne St.) (250) 595-5111 |
| **Important Phone Numbers** | * Emergency: 911
* Campus Security: 250-721-7599
* UVIC Sports Injury Clinic: 250-721-6130
* Bluebird Taxi # 250-382-2222
* UVic Health and Wellness Center: 250-721-8563
* Royal Jubilee Hospital: 250-721-7599
* Head Athletic Therapist: Traci Vander Byl

Phone: 250-721-6130 or **250-588-1902 (cell)**Fax: 250-472-4058Email: vikesAT@uvic.ca* Athletic Therapist: Nicky Allen

Phone: 250-721-6130 (office) or **250-884-4684 (cell)**Email: vikesat1@uvic.ca |



**MEDICAL SERVICES ADVANCED NOTICE FORM**

**TEAM: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. Are there any special medical conditions/concerns (of anyone traveling with your team, athletes/staff) that we should be advised of and/or any important instructions? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Will any of your athletes require treatment from UVIC therapists? If yes, please provide names of athletes, conditions and attached referral from team therapist: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please email or fax form back to the UVIC Sports Injury Clinic by end of day, **Sunday October 30, 2022.**

**UVIC Sports Injury Clinic**

 **Attn: Traci Vander Byl**

**(250) 721-6130 (w)**

**(250) 472-4058 (fax)**

**vikesat@uvic.ca**

**Notify Tournament Medical Staff AND Facilities staff as soon as safely possible.**

➢ **An AED**

**University of Victoria**

**Emergency Action Plan**

**- Wallace Field-**

**ADDRESS:** Vikes Way, Victoria, BC

**Directions:** From McKenzie Ave, turn onto Vikes Way towards Wallace Field. Drive into Wallace Field at the access gate on the southeast entrance of the field

**CONTACTS:**

**Head Athletic Therapist:** Traci Vander Byl CAT(C) **Asst. Athletic Therapist:** Nicky Allen CAT(C)

Office: 250-721-6130 Office: 250-721-6130

Cell: 250-588-1902 Cell: 250-884-4684

**Campus Security:** 250-721-7599

**SIGNALS:**

**Assistance:** single fist in air above head **Activate EAP:** single hand on top of head

**In the event of an emergency:**

1. Dial **911** and/or Campus Security **(250-721-7599)**
2. Inform the operator about the situation (# of people, suspected injuries and care being given)
3. Request an ambulance
4. Give location information, inform emergency services that they will be met at the described entrance
5. Return to therapist and inform them that EMS has been activated, and any other details provided by emergency services

**HOSPITALS:**

**Royal Jubilee Hospital Saanich Peninsula Hospital**

1900 Fort St 2166 Mt Newton X Rd, Saanichton

Tel: 250-370-8000Tel: 250-544-7676

**University of Victoria**

**Emergency Action Plan**

**- CENTENNIAL STADIUM/TRACK-**

**ADDRESS:** 1910 McKenzie Ave, Victoria BC, V8P 2L5

**Directions: Turn off McKenzie Ave onto McGill Road, turn into Parking Lot 4 (Field 5). The gate at the South entrance to the field has drive-in access.**

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