



March 5, 2020

With the U SPORTS Winter Championships underway, we are continuing to monitor the updates that are being provided by health professionals regarding the coronavirus (COVID-19).

Below are links to the CDC and the Public Health Agency of Canada (PHAC) respectively which provide regular updates daily. Although it is reported that the public health risk is low for Canada, the potential public health threat opposed by COVID-19 is high both globally and in Canada.

[COVID-19 Situation Summary](#)

[Outbreak Update](#)

Symptoms of the coronavirus (2019-nCoV) include fever, a dry cough within two to seven days of infection, mild difficulty breathing, body aches, and gastrointestinal issues such as diarrhea.

Please ensure that you are reminding your student-athletes and staff of best practices for personal hygiene and hand washing. In addition, please ensure that you are taking the necessary steps within the dressing room areas, officials room, hotel, and bus to ensure that all appropriate areas have been sanitized, etc.

Please ensure that players are also taking sanitary precautions. Precautions include:

- Covering your mouth and nose when coughing or sneezing
- Frequent washing of hands
- Avoid contact with others who are sick
- Avoid touching your face.

As stated, while the risk to the general public remains low, it is also likely that person to person spread will continue to occur and we must remain diligent in this area.

We are in contact with all National Championship hosts and will continue to provide updates and further initiatives as required.

Thank you for your cooperation in regards to this most important matter.





We recommend that you check for up-to-date travel advisories from the Government of Canada at: [Government of Canada COVID-19 Travel Advice](#).

Other Resources:

[WHO travel advice](#)

[WHO emergency dashboard](#)

[WHO situation reports](#)

[USA Centers for Disease Control and Prevention](#)

[Johns Hopkins COVID-19 dashboard](#)

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