



From the desk of / Du bureau de
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TO / À: U SPORTS Member Institutions – Athletic Directors and Athletic Therapists

FROM / DE: Lisette Johnson-Stapley, Chief Sport Officer, U SPORTS

DATE: Thursday, January 3, 2019

COPY/COPIE: Graham Brown, President & CEO, U SPORTS
Dr. Taryn Taylor, Chair, U SPORTS Sport Medicine & Research Science Committee
Brian Roy, CCUPEKA rep, U SPORTS Sport Medicine & Research Science Committee
Glen Bergeron, Chair, U SPORTS Injury Surveillance Steering Committee

SUBJECT / OBJET: National Injury Surveillance Initiative

The development of successful injury prevention strategies is reliant on high-quality epidemiological data about the incidence and severity of sports injuries. In order to be useful for prevention purposes, injury surveillance data should be reliable, valid, and recorded continually over time. Your support & engagement can enhance meaningful implementation and uptake of the U SPORTS endorsed injury surveillance program.

U SPORTS formed a steering committee in 2016 representing all four conferences in Canada that worked diligently to determine the best available platform for the collection and analysis of injury data combined with an electronic medical management system for therapist charting.

The steering committee selected **Player's Health**[®] software based on intense scrutiny and strict criteria. Some highlights include:

- Integrated Preparticipation Evaluation (PPE), now with a fillable physical form
- On-line mobile access by athletes, coaches, and members of your medical team to retrieve and enter injury data
- Electronic medical records (EMR) to allow for therapist charting, file & report uploads, to maintain a comprehensive athlete file with ongoing SOAP note optimization
- Seamless communication with athletes, coaches & medical team with real-time notifications the instant an injury is documented
- Concussion assessment and management protocols with integrated SCAT5
- Bilingual System with the recent French translation & integration

Although participation in the Injury Surveillance & Management Initiative is not mandatory, its implementation would greatly enhance efforts to monitor, record & reduce injury in university athletes. To date, the majority of data on sports injuries in varsity athletes have been collected by the NCAA so we hope you will appreciate the value of this program to your institution, your conference and to the athletes in Canada. For the 2018-2019 season there have been 7 Canadian universities that have implemented the program and we are happy to connect you with some of the current champions/users if you would like to consult the therapists about their experience.



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Good data out is dependent on good data in. The time commitment required for accurate data surveillance is significant and will require motivated participants who understand the purpose and goal.

Phase one is to encourage as many universities as possible to subscribe to the program for the 2019-2020 season. Player's Health has proven they will work with each university to facilitate the familiarization process and communicate with the necessary IT departments. They have been open and receptive to the feedback provided over the past year and continue to work diligently with us to further customize the program to fit the needs of U SPORTS based on your recommendations.

Phase Two will be the full implementation of the data collection function of the program in time for the 2020-21 U SPORTS season.

In support of the familiarization year, **Player's Health**[®] is offering an introductory price of \$2.50 USD/\$3.13 CAD per athlete (regular price \$4.00 USD/\$5.01 CAD per athlete).

For more information on the software and access to a webinar, please [click here](#) or https://docs.google.com/forms/d/e/1FAIpQLSf2PjRjQ4IG6iOV9wYXdC11TBZLIZXVuM-kFGTS5L6KtA1RQ/viewform?usp=sf_link and please visit the website <https://playershealth.com>

You are invited to subscribe now:

If you commit to subscribing as of April 1, 2019, **Player's Health**[®] will give you immediate access to the software to use prior to implementation in April. Player's Health will set up webinars leading up to the April 1 date. Contact Chris Pesigan chris@playershealth.com to setup a time for additional information or webinars.

Thank you very much for your commitment to athlete health & safety, injury prevention and the advancement of knowledge that can only be achieved with accurate injury surveillance and data collection in Canada.

To Subscribe contact Chris Pesigan at:

chris@playershealth.com

Sincerely,

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Chair, U SPORTS Sport Med & Science Committee

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Chair, U SPORTS Injury Surveillance Steering Committee
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PLAYER'S HEALTH

Brian Roy
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