



September 2016 Playing Regulations: Women's Volleyball

PR/14-1

1. CHAMPIONSHIP ROSTER

Each championship team can declare up to fourteen (14) players from their most recently submitted U SPORTS Eligibility Form. A championship roster shall be submitted to U SPORTS officials at the pre-championship technical meeting. Teams may dress any fourteen (14) of these players for each championship game.

Note: Changes to the roster can be made by the Head Coach up to 1 hour prior to the first game of the championship. Once the 1 hour window has passed, no changes can be made to the declared roster. It is the responsibility of the Head Coach to contact the U SPORTS Delegate on-site to make the final changes as per the timelines above.

2. TEAM BENCH

A team can have a maximum of 22 people in the bench area including athletes, coaches and support staff.

Note: Any team member above the 22 is considered a spectator and will sit in the stands.

3. PARTICIPANTS

3.1 TEAMS

The composition of the eight (8) team format shall include:

- Canada West Representative
- OUA Representative
- RSEQ Representative
- Atlantic University Sport Representative
- Host (**Ryerson University**)
- 1 assigned berth OUA
- 2 assigned berths Canada West

(Refer to Policy 20.20.4.14 for more details.)

3.2 IDENTIFICATION (N/A)

3.3 INDIVIDUAL ELIGIBILITY (N/A)

3.4 INDIVIDUAL ENTRIES (N/A)

3.5 INDIVIDUAL RANKINGS (N/A)

3.6 TEAM ENTRIES (N/A)

3.7 TEAM RANKINGS (N/A)

4. COMPETITION

4.1 CHAMPIONSHIP FORMAT

The U SPORTS Championship shall have a total of eleven (11) matches taking place over three (3) days*. There will be eight (8) teams in a quarterfinal knockout format that includes a 3rd place match and a consolation 5th place match, but no 7th place match.

4.2 SELECTION, SEEDING, DRAWS, POOLS, TRIALS AND HEATS



September 2016

Playing Regulations: Women's Volleyball

PR/14-2

4.2.1 SEEDING COMMITTEE

1. Chairperson: A non-voting U SPORTS Office staff member.
2. Members: One voting representative from each Sport Conference elected by the coaches and accountable to the coaches. The representatives must be active U SPORTS coaches. The President of the Coaches Executive will provide to the U SPORTS Office, no later than September 1, the names of the Sport Conference representatives (alternates must be named in case the coaches/representatives' team has qualified for the U SPORTS Championship). Representatives must provide emergency contact information and alternative representative contact information.

Note: If a Sport Conference does not have an elected coach representative, the President of the Coaches Executive will appoint a representative.

President of the Coaches Executive: In the years where there will be an even number of representatives participating in the call, the President of the Coaches Executive will take part in the conference call and shall only vote in the case of a tie. Should the President be the coach of a team that has qualified for the championship, the President will contact the U SPORTS Office to notify them of his/her designate.

4.2.2 SEEDING CRITERIA

The purpose of the seeding call is to first determine the seeding of teams participating in the championship. Seeding is defined as reflecting current strength of the 8 teams qualified for the championship. The criteria to be considered in seeding the teams for the U SPORTS Championships will be as follows:

1. Head to Head - this means one team's record against all other teams in the championship, respecting the priority of 1) Playoffs, 2) League, and 3) Exhibition results. Note: Time of season will be considered with matches latest in the season carrying more weight than matches earlier in the season.
2. If there is no head-to-head competition between teams under consideration, the 2nd criteria will be results against common opponents, respecting the priority of 1) Playoffs, 2) League, and 3) Exhibition results. Note: Time of season will be considered with matches latest in the season carrying more weight than matches earlier in the season.
3. If there are no head-to-head and no common opponents, then seeding for those teams involved will be voted on by the committee. In the event of a tie in voting the President of the Coaches Executive or designate will break the tie.

The following seeding principle must be respected in the final determination of the championship draw:

1. Results of regional playoffs must be respected (order of finish).
2. Conference champions must be seeded in the top 6 spots (1 through 6).
3. Once the seeding has been completed, teams 5 through 8 can only be flipped one spot (up or down) to try to avoid first round match-ups of teams from the same sport conference. (Teams seeded 1 through 4 can NOT be flipped.)



September 2016

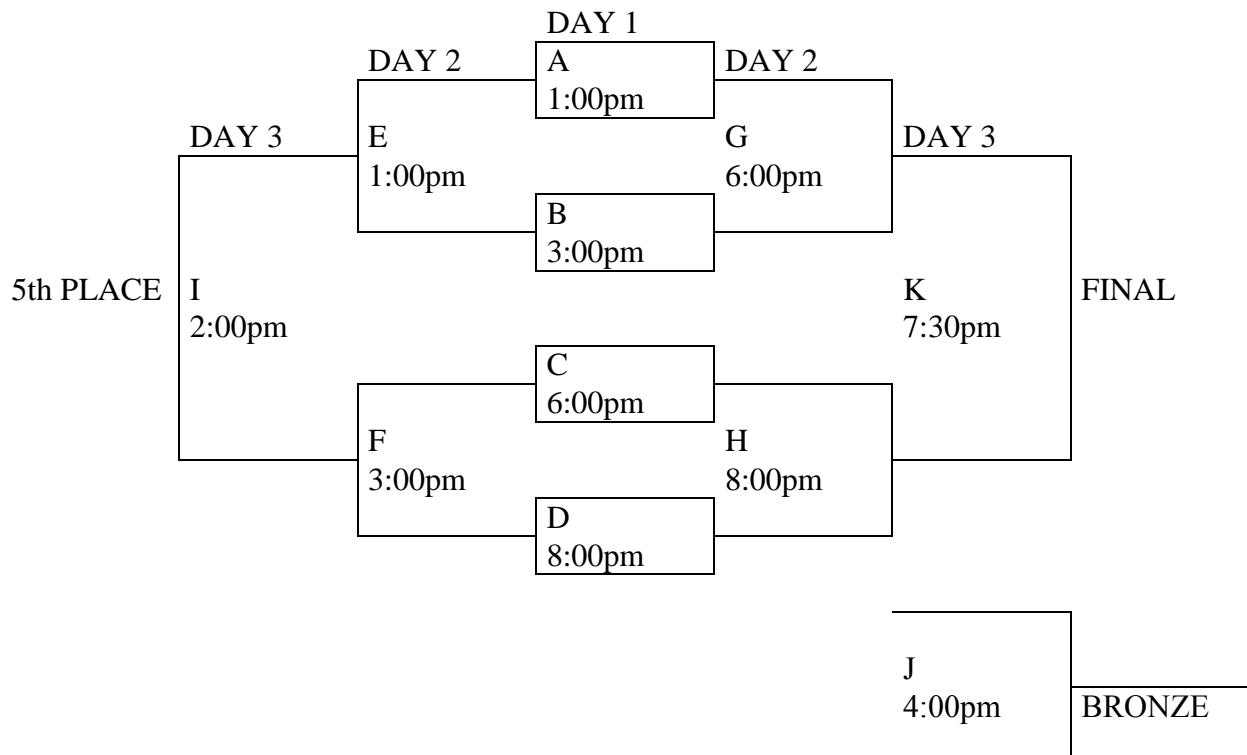
Playing Regulations: Women's Volleyball

PR/14-3

4.2.3 SEEDING PROCEDURES

1. Each Sport Conference shall declare their U SPORTS national representatives no later than the Sunday (7:00pm EST) prior to the start of the U SPORTS Championship.
2. A conference call will be scheduled for Sunday prior to the U SPORTS Championship following the last Sport Conference championship.
3. Teams participating in Sport Conference championships, must submit the "Seeding Information Form" (Appendix A) to the U SPORTS Office no later than 2 weeks prior to the start of the U SPORTS Championship. The information will be circulated to all representatives prior to the conference call.
4. Immediately following the conference call, the U SPORTS office will release the final seeding and schedule.
5. The U SPORTS Office will provide the championship day 1 match-ups to Game Tape Xchange immediately following the seeding call to ensure access to game footage is available to the appropriate schools. A minimum of two weeks prior to conference playoffs, detailed instructions will be provided by U SPORTS to Regional Association Offices re the uploading of game film for conference playoffs.
6. There shall be no appeal of decisions regarding seeding.
5. Any member institution that releases this information prior to the embargo established by the U SPORTS office will be fined \$500.00.

4.2.4 DRAW





September 2016

Playing Regulations: Women's Volleyball

PR/14-4

Note 1: To ensure the integrity of the draw, the structure of the brackets must be maintained (i.e. 1 vs. 8 and 4 vs. 5 must always stay together and 2 vs. 7 and 3 vs. 6 must always stay together) so that common rest times are protected.

Note 2: Without affecting the integrity of the draw, games in the upper half of the draw can be switched to accommodate travel and time zone adjustment (i.e. Canada West teams traveling East). If the teams playing are not impacted by the time zone change then there can be no switching of game times.

4.3 FORMULAS AND FORMAT

The eight (8) team championship format shall be as follows:

- 1 vs. 8
- 4 vs. 5
- and
- 2 vs. 7
- 3 vs. 6

4.4 PROCEDURES AND PROTESTS

During U SPORTS National Championship, a judges' conference can be held on the request of the affected team, or the Match Referee Supervisor.

APPEALS TO A JUDGE'S CONFERENCE

The head coach of a team participating in the match and/or the Match Referee Supervisor may at any moment during the match, as soon as he/she notices a violation of the FIVB Rules of the Game, or an improper situation or decision not in accordance with the FIVB Rules of the Game, or a violation to the U SPORTS Regulations request a Judges' Conference.

SUCH CASES MUST REFER TO:

- a) An improper decision by the referee, who did not apply the rules or did not assume the consequences of his/her decisions. (e.g. the application of a 2nd yellow card to a player, or finishing a match or the set because of application of the wrong sequence of actions)**
- b) An improper decision of the scorer, who made a mistake on the rotational order or on the score (e.g extra point added/ point missed etc..)**

IMPROPER CASES

- a) A referee's decision, which sanctions a playing action or misconduct, cannot be considered as a proper case**



September 2016

Playing Regulations: Women's Volleyball

PR/14-5

b) The coach who submits an improper case will be sanctioned by:

1) First Improper Request: Penalty- A point and service to the opponent

2) Second Improper Request: Sanction- Coach leaves the playing area and stays in the penalty area for the remainder of the set. Should no penalty box be available, the Match Referee Supervisor and U SPORTS Representative shall decide on the appropriate area.

3) Third Improper Request: Sanction- Disqualification- Coach leaves the Competition Control Area for the remainder of the match

AGREEMENT OF THE COMPLAINT

The Match Referee Supervisor examines the complaint and, if it is valid according to the Rules of the Game, a judges' conference is convened with the Championship Management Committee

4.5 SCHEDULES OR ORDER OF EVENTS

Opening/Closing ceremonies shall be left up to the discretion of the Host, but shall not exceed 15 minutes.

The visiting team players and staff shall be introduced in numerical order followed by the introduction of the team manager, assistant coach(es) and head coach. The home team shall be introduced in the same fashion. The officials shall be introduced according to international protocol (protocol may be altered due to television requirements or Host requests).

Medal presentations shall follow immediately after the respective competition match, and international protocol shall be dispensed with following the final matches.

4.6 GAME TIMES

First Day

The Host has the option of playing at 6:00 pm or 8:00 pm. Their option must be declared no later than the second championship bulletin.

Second Day

1:00 pm	Consolation round	Match E
3:00 pm	Consolation round	Match F
6:00 pm	Final round	Match G
8:00 pm	Final round	Match H

On Day 1 and Day 2 of the championship, the 1st match will start no earlier than 1:00 pm and the last match no later than 8:00 pm with a minimum of 2 hours between each match.

Third Day



September 2016 Playing Regulations: Women's Volleyball

PR/14-6

2:00 pm	Consolation round	Match I (5th Place)
4:00 pm	Final round	Match J (3rd place)
7:30 pm	Final round	Match K (1st place)

For the final day of competition, the Host may either have the finals scheduled for the afternoon or evening, depending upon optional promotional possibilities. The Host is to advise the U SPORTS office by February 1st annually.

4.7 PRACTICE TIMES / WARM-UPS

4.7.1 PRACTICE TIMES

1. All practice times will be 45-minute blocks on the competition court. The court must be configured to ensure the field of play area is defined. This includes placement of end bleachers, any items that would affect the free zone and any other elements that could affect the lighting (i.e. jumbotron).
2. Allocation of practice times on the day prior to the championship will be based on the following sequence of criteria: championship draw and then seeding. Each participating team will receive 45 minutes on a warm up court prior to 45 minutes on the championship game court.
3. Practice times on Day 2 and Day 3 of the championship will only be available to the four (4) teams playing in the winners bracket of the championship and will be based on the following sequence: schedule match times, then seeding.
Note: Due to the competition schedule on Day 3, practice times may be limited to 30 minutes on the competition court.
Access (including visual access) to the gym during practices times shall be restricted to the appropriate championship personnel and the participating teams scheduled to practice.

4.7.2 WARM-UPS

1. All eligible athletes may participate in the warm-up.
2. If a match at the U SPORTS championship runs overtime, teams will be provided **fifteen** (15) minutes of on-court time prior to the 5 and 5. (note: twenty-five (25) minutes on the official clock will commence when the benches and court area are available for both teams). Note: 25 minutes of warm-up on the competition court will be provided regardless of size or location of warm-up court/facility.
3. There will be no warming up in the gym while a match is on.
4. At ten (10) minutes on the score clock, the 5 and 5 shall begin.

4.8 OVERTIME AND TIME-OUTS

The break time between all sets will be three (3) minutes.

- 4.8.1 The Host has the option of extending the break between sets 2 and 3, to five (5) minutes, provided that there is justification and that all participating teams are notified at the Technical meeting.



September 2016 Playing Regulations: Women's Volleyball

PR/14-7

- 4.8.2 In sets 1 – 4 there will be two 30-second discretionary time-outs per team and one 60-second technical time-out applied automatically when the leading team reaches 16 points. (If the championship is being broadcast on national television, there may be another technical time-out at 8 points for broadcast purposes.) In set 5 there are no technical time-outs, only two 30-second discretionary time-outs per team.
- 4.8.3 During time outs, players must go to the bench area and all members of the team may participate in the time out discussion.
- 4.8.4 All eligible athletes are allowed to warm up with balls between all sets provided they are not on the volleyball court.
- 4.8.5 Players can return to the court during the time out, if the court is clear.
- 4.8.6 Play can resume, after a time out, as soon as both teams are back on the court.

4.9 TIE-BREAKING (N/A)

4.10 SCORING AND STANDARDS

- 4.10.1 The Host institution of Sport Conference championships must e-mail results to all member institutions within one (1) hour of the completion of competition.
- 4.10.2 Host committees are required to use an electronic score sheet.
- 4.10.3 The official scorer will be solely responsible for the completion of the official scoresheet. A second official will have the task of completing the libero control sheet and the score table flip cards.
- 4.10.4 A copy of the officially completed score sheet shall be given to each participating coach immediately following completion of the match.

4.11 RECORDS AND STATISTICS

U SPORTS standardized statistics are to be recorded during the championship.
Note: Definition of “block” – block assists count as a ½ (not 1 per blocker).

5. EQUIPMENT AND FACILITY

5.1 BALL

The official ball for the U SPORTS Championship will be Mikasa MVA 200.

The three-ball system is to be used for all matches at the U SPORTS championship as per rule 3.3 of the Volleyball Canada rulebook.

5.2 RECORDING

5.2.1 FIRST ROUND OPPONENT

First round opponents must exchange recordings of their last two (2) matches and a clear copy of the score sheet prior to the U SPORTS Championship. The recording must be uploaded to the U SPORTS game tape exchange provider no later than Monday at 12:00 pm EST. Teams will have access to their opponents game film for downloading only



September 2016

Playing Regulations: Women's Volleyball

PR/14-8

once both teams have completed the upload process. The recording must contain the entire and continuous match. The recording is for the sole use of the respective team's preparation for its first round match. If any of these conditions are not met, the offending institution pays a fine as per the non-compliance policy. Any complaints should be reported to the President of the Coaches Executive who will work closely with the Manager, Events and Programs of U SPORTS to investigate and fine.

Note: All video must have endline view and from a minimum of 10 feet off the ground.

5.2.2 HOST REQUIREMENT

The Host is responsible for providing a digital master copy of all matches to be made available to all participating teams. The Host must provide a centered end line view a minimum of 10 feet above floor level with an unobstructed view. The Host must articulate the distribution process in the championship information bulletin.

In addition, participating teams require space to record games. In venues where space is limited, the priority for camera placement beyond the Host camera will be:

- 1- Competing teams in next round
- 2- Competing teams in that game
- 3- All other teams

5.3 UNIFORMS

5.3.1 U SPORTS reserves the right to require participants in a U SPORTS Championship to wear a U SPORTS logo on their uniforms. These logos will be provided to each team in advance of the championship. The logo must be placed on the top, right chest area of each uniform.

5.3.2 The playing numbers of each participant shall be submitted with the roster. The players are then restricted to these numbers except under extenuating circumstances.

5.3.3 Teams at the U SPORTS championship must have two (2) sets of uniforms, one set being light and one set being dark.

5.3.4 Player uniforms will be number 1 to 20.

5.3.5 All institutions must comply with FIVB rules as it relates to the size of number on the playing jersey (15 cm on front and 20 cm on back). Violations must be recorded on the scoresheet and reported to the Technical Chair. Non-conformity **may** result in a fine as per the non-compliance policy.

Note: U SPORTS jerseys will however maintain the numbering of 1 to 20 and not apply the FIVB rules as it relates to numbering beyond 20.

5.3.6 For U SPORTS competition, the colour of armsleeves or any other tensor or wrap or therapeutic device does not have to be the same as the uniform or team colours.

5.4 BIBS, SOCKS, SHIRT COLOR, TIGHTS AND TOWELS

5.4.1 At the Technical meeting prior to the championship, the coaches shall designate uniform preferences, clearly contrasting colors (black and red would be contrasting colors. Black



September 2016

Playing Regulations: Women's Volleyball

PR/14-9

and navy blue or dark green would NOT be contrasting colors) for each match with the highest ranked team having first choice of colors.

- 5.4.2 Prior to each match coaches shall decide on uniform colors again with higher ranked team having preference. In case of conflict, the Organizing Committee shall determine clearly contrasting color designation. These shall be determined and given to each team before the competition begins.
- 5.4.3 Towel people are required for all matches at the U SPORTS championship and will dry the floor at the termination of each rally without requiring direction from the officials.

- 5.5 HEAD GEAR AND HELMETS (N/A)
- 5.6 CAPTAIN'S IDENTIFICATION (N/A)
- 5.7 DEPTH CHARTS (N/A)
- 5.8 SPOTTER PHONES (N/A)

5.9 FACILITY AND MEET REQUIREMENTS

- 5.9.1 An announcer shall be used for all matches at the U SPORTS championship.
- 5.9.2 Official nets in accordance with the **FIVB Rule Book** shall be used for the championship. Advertising is permitted on the playing volleyball net. Sizing to be confirmed by the Women's Volleyball Coaches Technical Committee.
- 5.9.3 Courts shall comply with minimum specifications as outlined in the current **FIVB Rule Book**.
- 5.9.4 Competition courts must be set-up according to the **FIVB Rule Book** (pg. 59-60).
- 5.9.5 When the court lines (boundary as well as internal) are not readily visible, the Host institution must highlight these lines by either:
 - 1. Highlighting the line itself by some means such as tape, etc.
 - 2. Highlighting by extending the width of the line into the court or by painting a four-inch border in a contrasting color inside the court itself.
- 5.9.6 Where the court is highlighted, the highlight lines must be added to the inside of the volleyball court.
- 5.9.7 The public address system shall be silent from the moment the referee blows the whistle to initiate the rally until the whistle is blown to end the rally.
- 5.9.8 Minimum of provincial certified minor officials must be used for scorekeeping and the libero control sheet.
- 5.9.9 The libero control sheet shall be used as per **FIVB** procedures.
- 5.9.10 If videoboards are available within the competition venue: during play (once R1 signals for service) the videoboard will only have
 - (i) the score of the game (if applicable) and/or
 - (ii) corporate partners logos (if applicable) and/or
 - (iii) statistics (if applicable) and/or
 - (iv) the live video game feed (if applicable).

Note 1: Where possible any static images should not be on a bright background.



September 2016

Playing Regulations: Women's Volleyball

PR/14-10

Note 2: There can be no images flashing, commercials or anything considered to be distracting for the athletes while the ball is in play (from the time R1 signals for service until the play is dead) similar to when music is permitted to be played.

6. RULES

The **FIVB** Rule Book for the current year shall be adopted as the basis for the U SPORTS championship in that year taking into consideration the U SPORTS exceptions below. The English version of the **FIVB** Rule Book shall prevail in cases of discrepancies in interpretation.

1. **Coaches can declare 0, 1 or 2 liberos and change their designation each set of the match. See Rule 11.3 for further information regarding the libero rule for U SPORTS competition**
2. The head coach can sit anywhere on the bench but all time-outs and substitutions are to be requested by the coach from the normal position at the end of the bench as per the **FIVB** rulebook.
3. In the event that the setter, in the act of moving away from the net to play the second contact, crosses the centre line, no fault is called provided there is no interference on the play.
4. All clothing soiled with blood must be replaced or neutralized/sterilized **Following the procedures laid out in rule 11.2**
5. Quick sub paddles will be used at the U SPORTS Championship.

7. MEETINGS

7.1 COACHES TECHNICAL MEETING

The participating coaches technical meeting, for participating coaches, shall be scheduled to take place immediately following the banquet whenever possible.

7.2 COACHES ASSOCIATION MEETING

The Women's Volleyball Coaches meeting will normally be held during the Championship. The Host and the President of the Executive will mutually agree upon a time and place for the meeting.

7.3 COACHES CLINIC

A coach's clinic for non-participating coaches, held in conjunction with Volleyball Canada, is normally held during the championship.

7.4 PRESS CONFERENCE

The date and time for a championship press conference is at the discretion of the Host Organizing Committee, working in consultation with the U SPORTS Office.

8. OFFICIALS

8.1 FUNDED OFFICIALS

Six (6) officials and one (1) assignor selected by Volleyball Canada. Referees will be selected to ensure that best available referees are at the championship. The funding for the



September 2016 **Playing Regulations: Women's Volleyball**

PR/14-11

assignor, if selected, will be covered by Volleyball Canada. If available, qualified female officials must attend the championship.

8.2 **ASSIGNMENT**

An effort should be made to avoid consistent pairing of the officials. For the championship final match, the four linespeople can be selected from the top performing linespeople from the tournament.

8.3 **NEUTRALITY**

Referee Nominations for Day 1 and Day 2 will be based upon the concept of provincial neutrality, if there is a situation where this is not possible the Referee Supervisor(s) will review with U SPORTS representative at the event. For Day 3 (Finals) the Referee Nominations will be the most appropriate referees. In all cases the referees nominated to the Gold Medal final will be International Referees whose experience and professional performance is taken into account when assigning. The U SPORTS representative will be consulted with if there is a need to consider an alternative nomination.

8.4 **QUALIFICATIONS**

The major officials shall be Volleyball Canada nationally rated. All lines people will be regional trained or higher for the championship games (quarters, semis and final) with 4 lines people being used for all games.

8.5 **HOST RESPONSIBILITIES**

To provide ground transportation, meals and accommodation (double occupancy), hotel parking, and fees for all six (6) major officials. The Host institution shall train and assign scorers and stats keepers.

8.6 **NSO'S RESPONSIBILITIES**

All expenses associated with the assignor/evaluator.

8.7 **FEES**

\$85 per match

8.8 **RESERVE REFEREE (N/A)**

Stand-by official \$42.50 per match.

8.9 **SELECTION PROCESS**

- 8.9.1 The National Officials chairman shall forward the final selections to the U SPORTS Office no later than **60** days prior to the start of the championship. 8.9.2 The U SPORTS Office will circulate, by January 16th, the list of officials to all coaches, who can respond through their Sport Conference convener. The Sport Conference can appeal



to the Chairperson of the U SPORTS Sport Committee no later than 30 days prior to the U SPORTS championship.

8.10 ON-SITE ASSIGNMENT

8.10.1 On-site assignments are at the discretion of the assignor/evaluator.

8.10.2 Participating coaches in the championship will provide feedback to the assignor/evaluator related to the quality of the championship officials. Feedback form to be distributed at the Technical meeting.

9. SEASON AND CHAMPIONSHIP AWARDS

**Please refer to policy 60.20 for more details re standard championship awards.*

9.1 ALL-CANADIANS

All Sport Conferences are encouraged to have two All-Star teams. The following procedures are used in selecting the All-Canadian First (7) and Second (7) Teams.

9.1.1 Sport Conference representatives to the Awards Committee must be selected by October 1 (selection process will follow same steps as the Seeding Committee, see 4.2.1).

9.1.2 Each Sport Conference must use the U SPORTS on-line awards nomination system to submit their final list of ranked All-Stars. All Sport Conferences are required to submit a minimum of 12 names on the All-Canadian ballot. Detailed instructions will be provided by the U SPORTS Office working in consultation with the chairperson of the Awards Committee. Sport Conferences must have their submissions completed fourteen (14) days prior to the start of the U SPORTS Championship. The web-based system will ensure the nominees for All-Canadian consideration have complete year-end statistics. Player of the Year to be named as one of the first team All-Stars and comprise one of the seven (7) selected to the first team. Ensuring the information available via the on-line awards system, is the responsibility of each institution or Sport Conference.

9.1.3 The chairperson of the Awards Committee then contacts each Sport Conference representative by noon on Tuesday with the on-line voting instructions and conference call details.

9.1.4 Discussion will occur and voting commences using the following procedure: candidates for first overall selection are the 4 top-ranked athletes (1/region); one athlete is selected; #2 from that region moves up to the ballot, discussion and then vote; next athlete from that region moves up to the ballot, etc.

9.1.5 Final selections shall be completed no later than 10 to 12 days prior to the U SPORTS Championship.

9.1.6 Nominee institution's must forward requested A-V material to the host who depending on the institution's capabilities shall use the material at a banquet/reception. Should the host not receive adequate or quality material, they can cancel the presentation at their discretion.



9.1.7 The award nominees' institution must submit materials at the time of All-Canadian balloting.

9.2 OUTSTANDING PLAYER OF THE YEAR (MARY LYONS AWARD)

9.2.1 An athlete as selected by Coaches Executive.

9.2.2 Determined as the player receiving the most votes on the first team All-Canadians.

9.2.3 To win the national award the athlete must have won the player of the year award in their sport conference, if such an award exists.

9.3 ROOKIE OF THE YEAR (MARK TENNANT AWARD) AND ALL-ROOKIE TEAM

9.3.1 Selection similar to the All-Canadians with each Sport Conference submitting a minimum of 4 athletes.

9.3.2 Each Sport Conference to provide statistics on their Rookie of the Year nominee.

9.3.3 Athletes must be in their first year of U SPORTS eligibility and be 21 years of age or younger as of September 1st in the current academic year.

9.3.4 A player who has been a full-time member of the Senior National Team is not eligible for Rookie of the Year.

9.3.5 The athlete receiving the most votes shall be named Rookie of the Year.

9.3.6 To win the national award the athlete must have won the rookie of the year award in their sport conference, if such an award exists. Note: Conference All-Star status is not considered when selecting the U SPORTS Rookie of the Year.

9.3.7 To be selected to the All-Rookie Team, the athlete must have been a rookie of the year nominee to their sport conference, and final voting must adhere to the conferences rank order.

9.3.8 The complement of the All-Rookie Team will be 7.

9.4 STUDENT-ATHLETE COMMUNITY SERVICE AWARD (THÉRÈSE QUIGLEY AWARD)

9.4.1 Selected by the Coaches Executive.

9.4.2 An athlete may only receive this award one time during their career.

9.4.3 Recipient who best exhibits outstanding achievements in three (3) areas: volleyball, academics, and community involvement

9.4.4 Nominees to be submitted to the Sport Conference by the last week of January-

9.4.5 Each Sport Conference shall determine its method for selecting their nominee.

9.4.6 To win the national award the athlete must have won that award in their sport conference, if such an award exists.

9.5 COACH OF THE YEAR (MARILYN POMFRET AWARD)

9.5.1 Selected by the Coaches Executive.

9.5.2 To win the national award the coach must have won the coach of the year award in their sport conference, if such an award exists.



September 2016 Playing Regulations: Women's Volleyball

PR/14-14

- 9.5.3 If one of the selection committee members has been nominated for Coach of the Year, that Regional Association is responsible for replacing their representative for the entire selection process.
- 9.6 **COACHING SERVICE RECOGNITION**
The U SPORTS coaches group will be provided an opportunity to recognize coaching years of service at the All-Canadian presentation. Recognition will begin at 10 years of service and increase in increments of 5 years. Presentations will be verbal only.
- 9.7 **CHAMPIONSHIP TROPHY AND U SPORTS PENNANT**
Presented to the U SPORTS Championship team.
- 9.8 **CHAMPIONSHIP MEDALS**
Presented to the top three teams in the U SPORTS championship.
- 9.9 **CHAMPIONSHIP MVP**
- 9.9.1 Selection made by a 3-person selection committee established at the U SPORTS championships by the Chair of the Awards Committee or designate. The Convener of the championship and the Delegate are to consult with the Awards Committee Chair to ensure proper protocol is followed.
- 9.9.2 The Chair or designate will chair the Tournament All-Star Selection Committee and should attempt to have 2 other Sport Conferences represented on the committee.
- 9.9.3 Selection is based on the athletes' performance at the National Championship.
- 9.9.4 The athlete must be a member of the Tournament All-Star team.
- 9.10 **CHAMPIONSHIP ALL-STAR TEAM**
- 9.10.1 Selection made by a 3-person selection committee established at the U SPORTS championships by the Chair of the Awards Committee or designate. The Convener of the championship and the Delegate are to consult with the Awards Committee Chair to ensure proper protocol is followed.
- 9.10.2 The Chair or designate will chair the Tournament All-Star Selection Committee.
- 9.10.3 Committee will select 7 Tournament All-Stars.
- 9.11 **CHAMPIONSHIP PLAYERS OF THE GAME**
- 9.11.1 After each match two players of the match shall be named (one from each team).
- 9.11.2 In games that are televised, the primary lead broadcaster will make the selection of the players of the game.
- 9.11.3 In games that are not televised, the coach of each team will be responsible for selecting a player from their own team for this award.



September 2016

Playing Regulations: Women's Volleyball

PR/14-15

9.12 CHAMPIONSHIP FAIR PLAY AWARD (R.W. PUGH)

9.12.1 Selection made by a 3-person selection committee established at the U SPORTS Championships by the Chair of the Awards Committee or designate. The Convener of the championship and the Delegate are to consult with the Awards Committee Chair to ensure proper protocol is followed.

1. Inherent level of respect and maturity in their manner and interaction with teammates, opponents, coaches, officials and host (as displayed by the lack of match warnings, penalty points or complaints about referee call, etc.; also displayed by a noticeable amount of cooperation and cohesion on and off the court/field).
2. A heightened level of consciousness for their role in the positive perception and image of their sport in Canada (as displayed by demeanor and interaction with the public, press and players during the championship).
3. True enthusiasm for the game as it is played on the court/field.

9.12.2 Participating coaches list their nominees for the award at the Technical meeting.

9.13 CHAMPIONSHIP SPECIAL EVENTS

The institution hosting the U SPORTS Championship must indicate to all members by October 1st of the current season if they are hosting a banquet/reception and the type and quantity of information (e.g. photos, slides, videos, etc.) that may be required.

10. COMMITTEES

The Management Committee shall rule on all matters necessary for the championship to proceed and will, in addition, act as the Protest Committee at the championship. The Management Committee shall apply U SPORTS Rules. The Management Committee may not, nor may any member, make an exception to any U SPORTS Rule or to a sanction imposed by U SPORTS. The Management Committee has no jurisdiction to consider or interpret U SPORTS Eligibility Regulations.

Composition of the Management Committee shall be:

1. Convener of Championship - non-voting chair.
2. U SPORTS Delegate.
3. Technical Delegate (assignor/evaluator of officials)
4. President of the Coaches Executive, or designate.

A quorum shall require all four members, or their replacement.

If a member of the Management Committee was involved, directly or indirectly, in a decision or an interpretation of a U SPORTS Rule that is being appealed/protested to the Management Committee that member shall be excused from the Management Committee. In this event, the remaining members of the Management Committee have the authority to appoint as a replacement for the excused member an individual who is independent, unbiased and uninvolved in the matter in dispute. The decision regarding whether a member of the



September 2016 Playing Regulations: Women's Volleyball

PR/14-16

Management Committee should be excused and replaced lies solely with the Management Committee.

Notwithstanding the procedures described in U SPORTS policy 90.70.4.1.1 (see below), the U SPORTS Championship Management Committee shall have the power and jurisdiction to take interim on-the-spot measures to address minor code of conduct issues (inappropriate or unsportsmanlike conduct that is not criminal in nature) that arise at U SPORTS Championships, in a timely fashion. The record of the incident, including the interim measures taken to address it shall be copied to the Athletic Director(s) of the affected school(s), and the U SPORTS office and Discipline Committee.

It is the expectation of U SPORTS that persons representing Member institutions, and/or U SPORTS, at U SPORTS Championships will behave responsibly, and with propriety, and in accordance with the laws of the land

90.70.4.1.1 Procedures Regarding Misconduct

Where misconduct occurs at a U SPORTS Championship (including traveling to and from the event, practice days and competition days), the Chief Executive Officer, assisted by the event Convener, shall:

1. Investigate the particulars of the incident that gave rise to the misconduct.
2. Determine the amount and type of damage to property or injury to persons.
3. Identify the persons and institutions responsible for the incident.
4. Summarize this information in a written report.

The Chief Executive Officer shall provide a copy of the written report to the President, who may bring a complaint in accordance with U SPORTS Policy 90.40 - Discipline. A copy of the written report shall be provided to the Directors of Athletics of the institutions involved.

10.2 JURY OF APPEAL (N/A) (see 4.4)

10.3 DELEGATES (N/A)



11. APPENDICES

11.1 SEEDING INFORMATION FORM

University:

Signature of Director of Athletics:

Tel. number where the Director of Athletics
can be reached following seeding call:

PLEASE SUBMIT THE FOLLOWING USING THE SAME FORMAT AND ORDER:

1. Regular season standings (Sport Conference) - include the team's record (wins-losses)
2. Playoff performance: list opponents and final scores
3. List the following (include the date of the contest and the score):
 - Matches vs. other Sport Conference champions.
 - Matches vs. other teams potentially under seeding consideration
 - Matches vs. Sport Conference opponents.
 - Matches vs. non-Sport Conference opponents.
4. Win-Losses/Percentage:
 - Performance in last 10 matches
 - Overall record - all matches
 - Playoff record
 - Sport Conference record
 - Non-Sport Conference record
 - Record vs. U SPORTS opponents

NOTE Player injuries cannot be a factor in the discussion of seeding selection. Inclusion of such information on the seeding information form is prohibited.

11.2 BLOOD POLICY FOR COMPETITION

1.1.1 Bleeding: If an athlete is bleeding and other participants are at risk of exposure to his/her blood, the athlete's participation in the match must be interrupted until the bleeding has stopped, and the wound has been cleaned with an antiseptic solution and securely covered. A one minute technical time-out would be applied by the referee in order to rectify the situation and stop the bleeding before a legal substitution, exceptional substitution, or injury time-out would become necessary. The technical time-out is not charged to either team. The technical time-out may occur only once for the same player in the match. Record on the scoresheet under



remarks.

- 1.1.2 **Legal Substitution:** If possible, a legal substitution would be used. The bleeding player may return to the set once the bleeding has stopped, and the wound has been cleaned and covered providing the return is legal. (Rule 15.6)
- 1.1.3 **Exceptional Substitution:** If a legal substitution is not possible then the referee would authorize an exceptional substitution. The blood-injury player cannot return for the remainder of that set. The blood-injury player may play in subsequent sets providing the bleeding has stopped and the wound has been cleaned and covered. (Rule 15.7)
- 1.1.4 **Injury Time-Out:** If a blood-injury injured player cannot be substituted, legally or exceptionally, this player is given a three minute recovery time in order to stop the bleeding and to cover the affected area. This may occur only once for the same player in the match. If the bleeding cannot be stopped, his/her team is declared incomplete. (Rule 17.1)
- 1.1.5 **Team Uniforms:** All team uniforms soiled with blood must be either replaced or cleaned prior to the blood-injury athlete resuming the competition. Uniforms are to be cleaned until the stain is completely removed.
- 1.1.6 **If a replacement uniform is not available, a player with a jersey soiled with blood would be allowed to wear a different numbered jersey or to change jerseys with a player on the bench. The referee would change the number(s) of the player(s) involved on the scoresheet. The procedure to be used would be Rule 15.6, Rule 15.7, Rule 17.1, or a time-out. - The one minute technical time-out applies. - Record on the scoresheet under remarks. Note: This rule also applies to the Libero player if the team has an additional Libero uniform that can be used.**

11.3 THE LIBERO PLAYER

11.3.1 Designation of the libero

11.3.1.1 Each team has the right to designate from the list of players on the score sheet up to two specialist defensive players: Liberos

11.3.1.2 The Libero(s) is to be recorded on the score sheet with the team roster, not on the special line. The number of Libero(s) is to be recorded on the line-up sheet for all sets

11.3.1.3 The Libero on court is Acting Libero. If there is another Libero, he/she is the second Libero for the team. Only one Libero may be on court at any time

11.3.1.4 For U SPORTS competitions, the team captain cannot be one of the Liberos for the first set of the match

a) If one of the Liberos is redesignated after set 1 or subsequent sets, the redesignated Libero may be the player who is listed on the score sheet as the team captain

b) If the above redesignation occurs, the coach must appoint a new team captain. This is to be recorded in the remarks section of the score sheet

c) At the conclusion of the match, the original team captain is to sign the score sheet



September 2016

Playing Regulations: Women's Volleyball

PR/14-19

11.3.2 Only one Libero may be on the court at any time

11.3.3 The Liberos cannot be either team captain or game captain at the same time as performing as a Libero